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이학박사학위논문

Rev-erb α 조절물질 발굴과 도파민
보상 회로에서의 일주기 기능에
관한 연구

Studies on identification of Rev-erb α
modulator by cell-based assay and its
circadian action on dopamine reward pathway

2016년 2월

서울대학교 대학원
생명과학부
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이 논문을 이학박사 학위논문으로 제출함

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circadian action on dopamine reward pathway

A dissertation submitted in partial fulfillment of the
requirement for the degree of

DOCTOR OF PHILOSOPHY

to the Faculty of the
School of Biological Sciences
at
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by
Jiyeon Lee

Date Approved:

ABSTRACT

Studies on identification of Rev-erb α modulator by cell-based assay and its circadian action on dopamine reward pathway

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Circadian rhythms are biological oscillations that occur over a 24 hour period. They are maintained by an innate, genetically determined timekeeping system called the molecular circadian clockwork. Despite the physiological and clinical importance of the circadian clock, small molecule modulators of the core clock machinery remain largely unexplored. Thus I aimed to identify a synthetic molecule that influences the circadian clock molecular feedback loop *via* REV-ERB α activity.

In Chapter 1, I aimed to identify novel small molecules that effectively and specifically modulate REV-ERB α activity and its physiological functions in circadian oscillation. I screened an in-house chemical library using

ROR/REV-ERB response elements (RORE)-driven luciferase reporter cell-based assay (CBA). One compound, designated KK-S6, repressed the RORE-dependent transcriptional activity of the *mBmal1* promoter and reduced endogenous BMAL1 protein expression. More importantly, KK-S6 significantly altered the circadian oscillation amplitude of *Bmal1* and *Per2* promoter activities in a dose-dependent manner, but barely affected the period length. In addition, KK-S6 strengthened transcriptional repression by REV-ERB α and effectively decreased mRNA expression of downstream genes of REV-ERB α that contained a RORE *cis*-element in their promoter. These findings suggest that KK-S6 could potentially be used as a treatment for clock-related disorders by increasing REV-ERB α activity.

One of the novel physiological functions of circadian clock components is brain dopamine (DA) metabolism. Specifically, our laboratory previously determined that the circadian nuclear receptor, REV-ERB α , modulates tyrosine hydroxylase (TH) transcription through competition with nuclear receptor 1-related protein (Nurr1), a transcriptional activator of DA biosynthesis genes in the ventral tegmental area (VTA). Although considerable evidence suggests the prominent role of REV-ERB α in DAergic system, it is still unclear whether REV-ERB α can act on dopamine-reward system. Thus I examined the circadian action mediated by REV-ERB α on dopamine-reward system.

In Chapter 2, I investigated the impact of REV-ERB α on the dopamine reward system using a sucrose-seeking mouse model. Compulsive sucrose consumption led to abnormal mood-related behaviors, including high

anxiety and depression levels throughout the circadian cycle. The *FosB* splice variant (Δ *FosB*), a molecular marker of addiction, was induced in the nucleus accumbens (NAc) of sucrose-seeking mice at dusk. Simultaneously, *Nurr1* expression was also greatly increased. During a 10-day sucrose withdrawal period, *Nurr1* expression returned to baseline levels and *Rev-erba* was hyperexpressed; however, *TH* expression was unaltered. Moreover, sucrose reward managed circadian activity rhythms in the absence of light cue and can affect liver fat metabolism. These findings suggest that compulsive sucrose consumption can lead to abnormal emotional behaviors and gene expression alteration in the brain and liver, which are similar to symptoms experienced by binge-eating disorder (BED) patients. REV-ERB α may act as a controller, maintaining normal DA tone and homeostasis in response to DA transmission alterations following compulsive sucrose consumption.

Overall, I successfully identified a novel synthetic molecule modulator of REV-ERB α and revealed the mechanism for REV-ERB α 's circadian action on the reward pathway. These findings suggest that disrupted reward system by sucrose overconsumption can be recovered by enhancing the REV-ERB α activity using its modulator.

Key words: Circadian clock, Rev-erb α , Small molecule, Dopamine (DA), Reward, Sucrose, Nurr1

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BACKGROUND AND PURPOSE

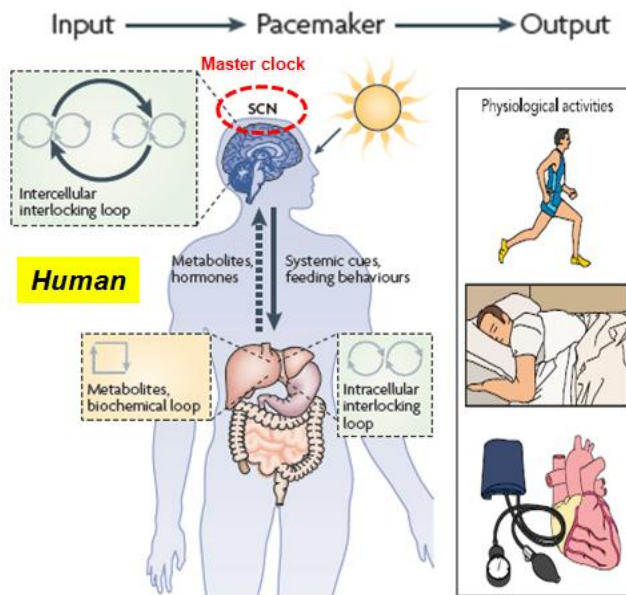
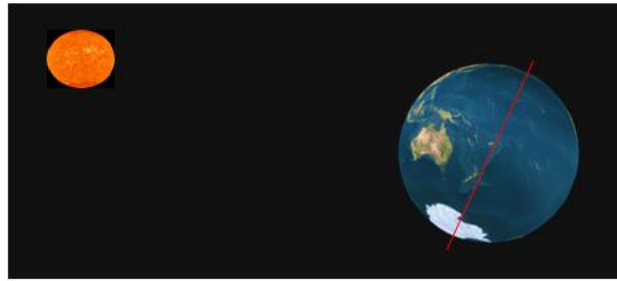
BACKGROUND

1. Circadian timekeeping system

1.1 Biological clock

Most organisms from cyanobacteria to human live under the strong influence of light-dark and temperature cycles associated with day and night changes created by 24-hr rotation of the earth around its own axis. These organisms adapt to the regular environmental changes associated with the day-night cycle using a highly conserved internal timing system, known as the circadian clock. The word “circadian” comes from the Latin words “circa” and “diem”, meaning “about a day”. In all mammals, the suprachiasmatic nucleus (SCN) of the anterior hypothalamus functions as a master pacemaker, driving virtually all physiological intracellular clock systems (Figure 1). Light signals, which are perceived by photoreceptors in the intrinsically photosensitive ganglion cells of the retina, are transmitted electrically to SCN neurons through the retinohypothalamic tract (RHT). The SCN neurons then convert the electrical signals into chemical signals. These chemical signals reset the molecular oscillators in SCN neurons by modulating the molecular clock machinery. Finally, the SCN sends out systemic cues that coordinate physiological functions in the whole body and

Figure 1. Circadian rhythms and biological clock. The circadian rhythm is an endogenous biological process that produces an approximately 24-hr entrainable oscillation. It is controlled by a 'master clock,' which is a group of nerve cells in the suprachiasmatic nucleus (SCN). This master clock synchronizes all the various physiological clocks. Light is the primary cue influencing circadian rhythms and can induce or suppress the expression of genes controlling an organism's internal clock and physiological activities such as food intake, energy metabolism, rest, and sleep.



govern rhythmic behavior. This phenomenon creates internal circadian rhythmicity and synchronizes activities, such as motivational behavior, food intake, energy metabolism, rest, and sleep.

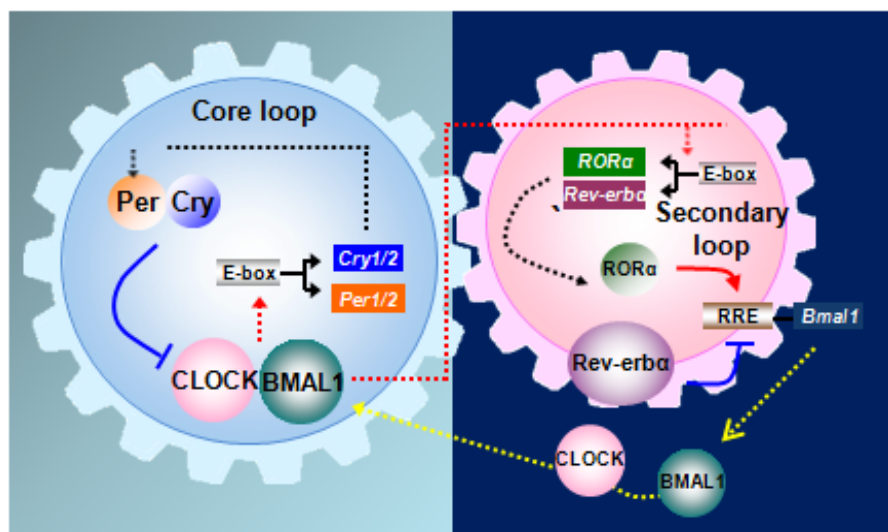
1.2 Molecular basis of circadian clock

The internal timekeeping system is controlled by a series of gene regulatory mechanisms, known as the 'biological molecular clock machinery'. In mammals, the circadian oscillator consists of the two interconnected positive and negative feedback loops that act at both the transcriptional and translational level (Takahashi. 2015) (Figure 2). Two rhythmically active transcription factors, CLOCK and BMAL1, are critical components of these feedback loops (Gustafson *et al.*, 2015). In the primary feedback loop, CLOCK and BMAL1 form a heterodimer that positively regulates the transcription of several genes, including Periods (*Per1*, *Per2*, and *Per3*) and Cryptochromes (*Cry1* and *Cry2*), by activating an E-box *cis*-element in their promoters. PERs and CRYs form large co-repressor complexes. Once these complexes reach a critical concentration, they translocate into the nucleus and negatively regulate the transcription-stimulation activity of CLOCK-BMAL1. This negative feedback reduces *Cry* and *Per* gene transcription and decreases their cellular concentration, which initiates a new PER/CRY accumulation cycle. In the secondary feedback loop, retinoic acid receptor-related orphan receptors (RORs) and REV-ERBs, a family of nuclear receptors, compete to bind retinoic acid-

related orphan receptor response elements (RORE) in the *Bmal1* promoter region. REV-ERB α transcriptionally suppresses *Bmal1* expression by recruiting the nuclear corepressor 1 (NCOR1)-histone deacetylase 3 (HDAC3) corepressor complex, whereas ROR α induces *Bmal1* expression (Partch *et al.*, 2014; Nangle *et al.*, 2014). In addition to these transcriptional mechanisms, the core clock proteins are subjected to numerous well-coordinated posttranslational modifications (PTM), such as phosphorylation, acetylation, and sumoylation. These PTMs are required to keep the clocks functioning normally. For example, PER phosphorylation by casein kinase 1 modulates the oscillation period by affecting PER protein stability and activity (Sahar *et al.*, 2010; St John *et al.*, 2014). PER2 and BMAL1 can also be acetylated and deacetylated in a circadian fashion. Such an operating system is closely involved in the fine-tuning of the circadian oscillations.

Figure 2. Molecular architecture of the mammalian circadian clock.

The cell-autonomous molecular clock in mammals is defined by two interlocking transcription-translation feedback loops. The core loop consists of four integral clock proteins: two activators, CLOCK and BMAL1, and two repressors, PER and CRY. PER and CRY proteins heterodimerize in the cytoplasm, translocate into the nucleus, and interact with the CLOCK-BMAL1 heterodimer, inhibiting CLOCK-BMAL1 transcriptional activation. PER-CRY complexes are eventually degraded through ubiquitin (Ub)-dependent pathways, which relieve CLOCK-BMAL1 repression and restart the cycle. This loop has 24-hr periodicity. The secondary loop is driven by ROR transcriptional activation and REV-ERB transcriptional repression. This loop induces rhythmic changes in *Bmal1* transcription, decoupling *Bmal1* expression from genes regulated by the CLOCK-BMAL1 complex.



1.3 Central and peripheral oscillators

The mammalian circadian system is organized hierarchically in tissues. Nearly all cells, including those in peripheral organs, have their own molecular circadian oscillator that coordinates rhythmic behaviors and physiology (Stratmann and Schibler, 2006). The first molecular clock machine was identified in the late 1990s, and the associated clock proteins were expressed in both the SCN and peripheral tissues. Balsalobre and colleagues demonstrated circadian gene expression in serum-shocked, cultured Rat-1 fibroblasts (Balsalobre *et al.*, 1998). Similar oscillation patterns were observed in liver tissue explants (Yagita *et al.*, 2001). These results provide compelling evidence supporting the presence of molecular circadian clocks in peripheral cell types. These molecular clocks, called peripheral clocks, are similar to those found in SCN neurons; however, studies have shown that they cannot maintain synchronicity independently. In mice with SCN ablations, peripheral organs had severely shifted endogenous circadian phases. By contrast, implantation of SCN neurons from wild-type mice into *Cry1/2* double knockout mice restored rhythmic locomotor activity (Albus *et al.*, 2002). Thus, SCN neurons act as a master clock and are necessary for peripheral clock synchronization and phase consistency in mammals. In addition to light, food and body temperature appear to play a pivotal role in resetting the central and peripheral timekeeping system.

2. Circadian physiology and metabolism

2.1 Circadian dysfunction in metabolism

The periodicities of diverse physiological and behavioral outputs are dictated by the circadian timing system, which regulates sets of clock-controlled genes (CCGs). This internal orchestration is essential to optimize metabolic responses and maintain homeostatic regulatory mechanisms (Levi and Schibler, 2007). CCG mutations can alter circadian cycle stability, amplitude, and period, which induce diverse physiological defects. Moreover, clock gene polymorphisms and behavior pattern desynchronization, caused by frequent air travel, chronic shift-work, or sleep restriction, can disrupt physiological circadian rhythms (Bechtold *et al.*, 2010). Recent evidence suggests that circadian system disruption contributes to clinical and pathological conditions, such as sleep disorders, cancer, mood disorders, and metabolic syndromes. Many metabolic processes, such as feeding behavior and glucose and lipid metabolism, exhibit coordinated circadian oscillation. Numerous rhythmically expressed circadian transcripts participate heavily in metabolic pathways and are involved in metabolic control. For example, circadian locomotor output cycles kaput (*Clock*)^{Δ19/Δ19} mutant mice suffer from impaired glucose and fat metabolism in liver and become obese. The *CLOCK*^{Δ19} mutation has been implicated in the development of glucose intolerance and metabolic syndromes, such as hepatic steatosis and hyperglycemia (Jeong *et al.*,

2015). This mutation can also blunt *Per2* transcript levels in kidney and heart. In contrast, BMAL1-deficient mice suffer from hypoglycemia and display altered circadian expression of glucose metabolic genes in liver. BMAL1-deficient embryonic fibroblasts (MEFs) cannot differentiate into adipocytes; however, this differentiation defect is restored when cells are transfected with BMAL1. REV-ERBs overexpressed in liver cells markedly dampened circadian expression of the hepatic transcriptome (Duez and Staels, 2009). These results suggest that clock-related gene mutations and polymorphisms are heavily involved with metabolic syndromes in human.

2.2 Circadian disturbance and behavioral abnormality

Defective clock gene expression leads to behavioral abnormalities similar to those observed in patients with psychiatric disorders and neurodegenerative diseases. Patients suffering from neuropsychiatric disorders, including major depressive disorder (MDD), schizophrenia, and substance abuse, often present with weak biological rhythm regulation. Recent rodent studies showed that clock gene manipulation severely affects emotional behaviors. *Clock* ^{$\Delta 19/\Delta 19$} mice displayed increased drug-seeking, hyperactive behavior, and DA neuron excitability in the mesolimbic pathway, a key brain reward region compared with wild-type mice. *Per1* gene mutation decreased drug sensitization, whereas *Per2* gene mutation led to drug hypersensitization (Abarca *et al.*, 2002). Other circadian clock gene mutations also produced behavioral abnormalities. Mice deficient in

Bmal1 or *Per2* in brain exhibit mania-like behavior, and *Cry1/Cry2* double knockout mice exhibit abnormal anxiety-like behavior and cocaine sensitization (Bundel *et al.*, 2013). Moreover, *Rev-erba* deletion in the ventral midbrain caused emotional instability, mimicking symptoms of bipolar disorder (BPD) (Chung *et al.*, 2014). These results emphasize the molecular links between circadian timing and mood disorders.

2.3 Pharmacological modification of the molecular clock

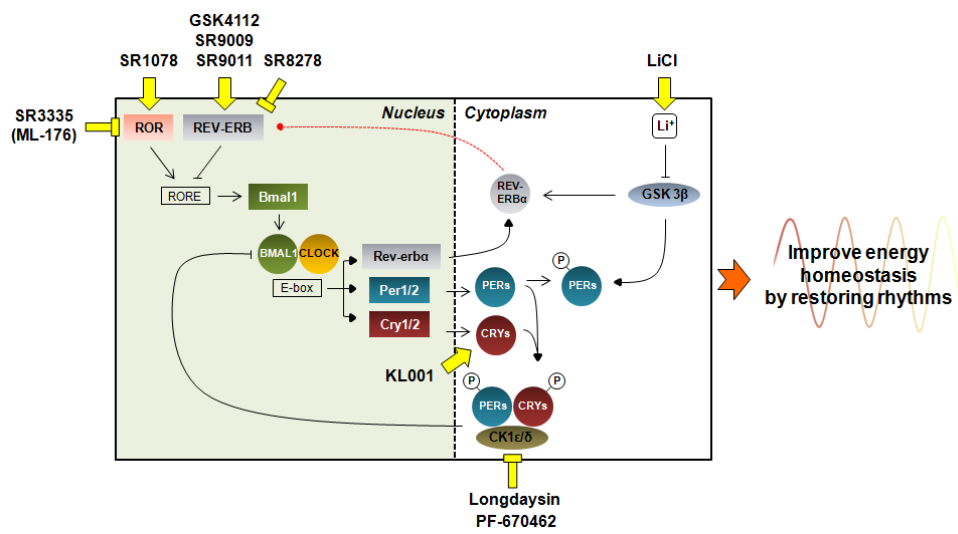
Because circadian clock proteins play an important role in regulating metabolism and behavior, many researchers focused on developing synthetic molecules that effectively modulate their activity. These synthetic molecules could potentially be used to treat various physiological dysfunctions (Figure 3). For example, the mood stabilizer lithium is commonly used to treat depressive patients. Lithium lengthens the circadian period by inducing phosphorylation of PER2 and REV-ERB α . Kinases, such as glycogen synthase kinase 3 β (GSK-3 β) and the casein kinases 1 ϵ and δ (CK1 ϵ/δ), may serve as a pharmacological entry points to alter the circadian clock. Treatment with the CK1 δ inhibitor, PF-670462, lengthened circadian period and increased nuclear retention of PER2 (Meng *et al.*, 2010). Selective inhibition of CK1 ϵ by PF-4800567 alters circadian clock period (Walton *et al.* 2009). Recently, large-scale chemical screening identified a casein kinase inhibitor, named longdaysin. CK1 α inhibition by longdaysin reduced PER1 phosphorylation and inhibited its

degradation (Hirota *et al.*, 2010). RORs and REV-ERBs are also potential pharmacological targets for modulating the circadian clock. For example, heme influences REV-ERB transcriptional potential. The synthetic agonist GSK4112 competes with heme, inhibiting REV-ERB activity. Thus, GSK4112 can be used to probe REV-ERB function (Grant *et al.*, 2010). Recently, a synthetic REV-ERB antagonist (SR8278) and two agonists (SR9009 and SR9011) were identified (Kojetin *et al.*, 2011; Solt *et al.*, 2012). Intraperitoneal administration of SR9009 or SR9011 produced reasonable plasma exposure *in vivo*. Several ROR modulators have been developed. The small molecule R1078 is an ROR α and ROR γ agonist, and another molecule, SR3335, appears to be a ROR α selective inverse agonist. Small molecule activators of CRY have also been identified. For example, the CRY activator, KL001, lengthened the circadian period by preventing CRY degradation (Hirota *et al.* 2012). Taken together, synthetic modulators are capable of regulating the circadian clock at the molecular level and could potentially relieve the symptoms of clock-related diseases.

2.4 Molecular mechanism of REV-ERB α action

REV-ERB α , which is encoded by the *NR1D1* gene, was one of the first orphan nuclear receptors (NR) discovered (Yin *et al.*, 2010). In the circadian machinery, REV-ERB α contributes to the secondary feedback loop by repressing transcription of the core clock gene, *Bmal1*. As described above, REV-ERB α represses *Bmal1* activity by recruiting the

Figure 3. Small molecule modifiers of circadian clocks. In the mammalian circadian clock system, external signals are transmitted via molecular oscillator input pathways. These pathways consist of interlocking feedback loops. Most synthetic small molecule modifiers allosterically alter the protein in a reversible manner. They were identified based on direct interactions with their associated clock proteins or kinases, such as casein kinase and GSK-3 β .



NCoR1-HDAC3 complex to the *RORE* promoter during circadian night, leading to rhythmic expression of the *Bmal1* gene. With respect to PTMs, the amino terminus of REV-ERB α can be phosphorylated at serine 55 and serine 59 by GSK-3 β , which stabilizes the protein. REV-ERB α stabilization leads to rapid proteasomal degradation, reducing the amount of REV-ERB α available to repress transcription of downstream targets. Thus, GSK-3 β mediated stabilization of REV-ERB α appears to be an important event for circadian rhythm initiation, maintenance, and synchronization. Interestingly, certain alleles in *Rev-erba* and *GSK3B* loci have additive effects on lithium responsiveness among BPD patients (Yin *et al.*, 2006). Because lithium is a potent GSK-3 β inhibitor, control of REV-ERB α is considered to be a biological target for BPD therapy.

REV-ERB α -NCoR1 binding is stabilized by the endogenous REV-ERB α ligand, heme (Yin *et al.*, 2007). Two groups independently determined that heme reversibly binds histidine 602 (H602) in the REV-ERB α ligand-binding domain (LBD). Heme can be displaced by a molar excess of heme analogs, which subsequently modulates REV-ERB α 's interaction with the corepressor complex. This discovery means that REV-ERB α is misclassified as an orphan nuclear receptor. Recent studies, described above, support using synthetic modulators to target REV-ERB α for therapeutic purposes.

2.5 Synthetic ligands of REV-ERBs

The first synthetic REV-ERB-targeting molecule was GSK4112, identified using an REV-ERB LBD/NCoR1 fluorescence resonance energy transfer (FRET) assay (Grant *et al.*, 2010). GSK4112 increases recruitment of NCoR1 to the *Bmal1* promoter and induces recruitment of HDAC3 to the *G6Pase* promoter. GSK4112 also significantly represses the transcription levels of *Bmal1* and several marker genes of hepatic gluconeogenesis, such as *G6pase*, phosphoenolpyruvate carboxykinase (*Pepck*), and *Pgc1 α* , in hepatocytes. However, this compound is not a suitable probe for the REV-ERBs activity in *in vivo* studies because of its weak efficacy. The next-generation REV-ERBs modulators are SR9009 and SR9011 (Solt *et al.*, 2012). Both of these compounds are three- to four-fold more potent and efficacious than GSK4112 due to several modifications that improved the pharmacokinetic properties. Administration of either compound in mice resulted in loss of wheel running activity and affected the circadian expression of CCGs in the hypothalamus. Notably, weight loss and decreased total cholesterol was observed in obese mice without altering locomotor activity or food intake. Mice treated with either of the REV-ERB agonists exhibited alterations in sleep architecture, anxiety levels, and reward sensitivity. In addition, SR9009 affected atherosclerosis in LDL receptor-deficient mice (Sitaula *et al.*, 2015). Together, SR9009 and SR9011 substantially affect circadian physiology through pharmacological activation of REV-ERBs. Four additional REV-ERBs agonists have been developed recently, and studies indicate that they are bioavailable and have appropriate pharmacokinetic properties for use *in vivo*.

On the other hand, only one REV-ERBs antagonist, SR8278, has been identified to date, and it has been shown to reverse the agonist activity of GSK4112 in hepatic gluconeogenesis (Kojetin *et al.*, 2011) Treatment with SR8278 activates the connexin43 promoter by interacting with the transcription factor SP1 in a ligand-independent manner that does not involve the REV-ERB α LBD. These potent synthetic modulators could be used as chemical tools to probe the REV-ERBs' various physiological functions.

2.6 Physiological importance of REV-ERB α

REV-ERB α has widespread functions throughout the body and allows an organism to respond to unexpected physiological changes. REV-ERB α is highly expressed in metabolic tissues, including peripheral metabolic tissues (e.g., liver, adipose tissue, skeletal muscle, and pancreas) and the brain. Numerous studies have shown that REV-ERB α links the circadian clock system and metabolism in mammals. Loss-of-function and genome-wide cistromic profiling revealed that REV-ERB α expression has a more profound impact than previously suspected. More than 90% of the approximately 900 genes expressed in the liver became arrhythmic in a *Rev-erb* knockout mouse, compared to the wild-type mouse. Knocking out *Rev-erba*/ β specifically in the liver resulted in mice with severe circadian-associated disruption of liver metabolism (Cho *et al.*, 2012). For example, depleted REV-ERB α is associated with increased adiposity and weight gain

due to a high-fat diet (HFD) (Ruano *et al.*, 2014). *Rev-erb α* -deficient mice suffer from severe hepatic steatosis and irregular atherosclerosis development. Loss-of-function studies, both *in vitro* and *in vivo*, demonstrate that REV-ERBs participate in hepatic lipid and glucose metabolism. Pharmacological activation of REV-ERB α leads to acceleration of adipogenesis, loss of fat mass, and increased energy expenditure (Kumar *et al.*, 2010). REV-ERB α positively modulates very-low-density lipoprotein (VLDL) triglyceride levels in the lipid metabolic pathway and also modulates the expression of gluconeogenesis-related genes, such as carboxykinase (PCK) and glucose-6-phosphatase (G6PC) (Ramakrishnan *et al.*, 2009). REV-ERB α can affect the gene networks that control oxidative capacity and mitochondrial contents of skeletal muscle in mice and increase exercise endurance (Woldt *et al.*, 2013). REV-ERB α is also considered to be a key regulator of the oxidative capacity of skeletal muscle and mitochondrial biogenesis (Woldt *et al.*, 2013). Heme concentration increases during adipogenesis, and repression of heme biosynthesis inhibits adipogenesis (Laitinen *et al.*, 2005). Overexpressed REV-ERBs reduce intracellular heme levels by directly modulating peroxisome proliferator-activated receptor γ co-activator 1 α (PGC-1 α). Recent studies showed that hepatic phosphatidylcholine is modulated by the circadian clock through a BMAL1-REV-ERB α -choline kinase α (Chk α) axis (Gréchez-Cassiau *et al.*, 2015). Overall, there is substantial evidence suggesting that REV-ERB α is a crucial component that links the circadian system to the regulation of CCGs, which in turn regulate metabolic processes.

REV-ERB α dysfunction alters normal physiological processes and leads to neuropsychiatric disorders, including anxiety, bipolar disorder, and schizophrenia. These disorders frequently involve impaired midbrain dopaminergic function, which affects the brain reward system. REV-ERBs affect sleep-wake patterns and sleep architecture by altering cell energetics. *Rev-erba*-deficient mice show reduced depressive behavior, increased risk-taking, hyperactivity, and unusual aggression toward intruder mice without daily variation (Chung *et al.*, 2014). Moreover, depleted REV-ERB α suppresses reward-seeking behaviors, such as cocaine-induced condition place preference (CPP) (Banerjee *et al.*, 2014). Recent findings report that REV-ERB α can control dopaminergic function and mood-related behavior by modulating DA biosynthesis through rhythmic expression of tyrosine hydroxylase (TH) in midbrain dopaminergic neurons. These results indicate that REV-ERB α expressed in the midbrain is involved in mood behavior via DA metabolism.

3. Reward system

3.1 Dopaminergic pathway

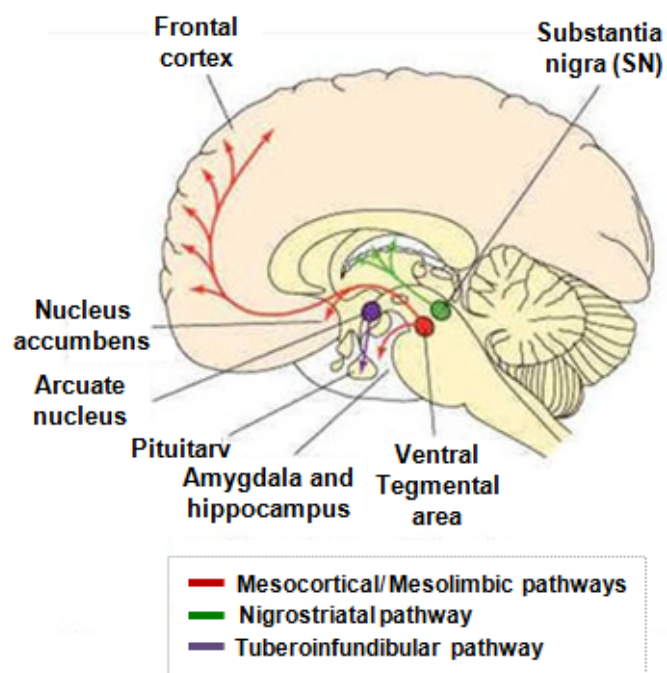
Dopamine (DA) is one of the catecholaminergic neurotransmitters in the central nervous system. While dopaminergic (DAergic) distribution represents less than 1% of the total neuronal population of the brain, DA has prominent roles in brain function. Four major DAergic pathways have

been identified in the mammalian brain (Figure 4): the nigrostriatal pathway, mesolimbic pathway, mesocortical pathway, and tuberoinfundibular pathway (Smith and Kiehl, 2000). These neural pathways are heavily involved in a myriad of affective disorders (such as schizophrenia, hyperactivity, bipolar disorder, and addiction) and various vital central nervous system functions, including feeding, reward, motivational behavior, and synaptic plasticity modifications associated with learning and memory. Because DA has pivotal roles in various physiological functions, it is not surprising that multiple human disorders have been connected to DAergic dysfunctions.

3.2 The mesocorticolimbic DA pathway and its rewarding system

The mesolimbic and mesocortical DAergic pathway originates in the ventral tegmental area (VTA) and primarily projects to the nucleus accumbens (NAc) and prefrontal cortex (PFC), which have pivotal roles in processing reward-related stimuli and emotional behaviors. These areas combined are referred to as the “mesocorticolimbic system.” Reward signals are induced when DA is released in the shell, a subregion of the NAc, where it mimics phasic DA neuronal firing. Reward is an important emotion that supports fundamental activities, such as drinking, eating, and reproduction. Over the past 40 years, many psychologists have tried to develop and refine the animal models of addiction used for reward studies (Arias-Carrión *et al.*, 2010). Addiction is the one of the adaptive behaviors caused by addictive

Figure 4. Dopaminergic pathway. Four major pathways in dopaminergic system: the nigrostriatal pathway, mesolimbic pathway, mesocortical pathway, and tuberoinfundibular pathway. These neural pathways are heavily involved in various vital central nervous system functions, including feeding, reward, motivational behavior, and synaptic plasticity modifications associated with learning and memory.



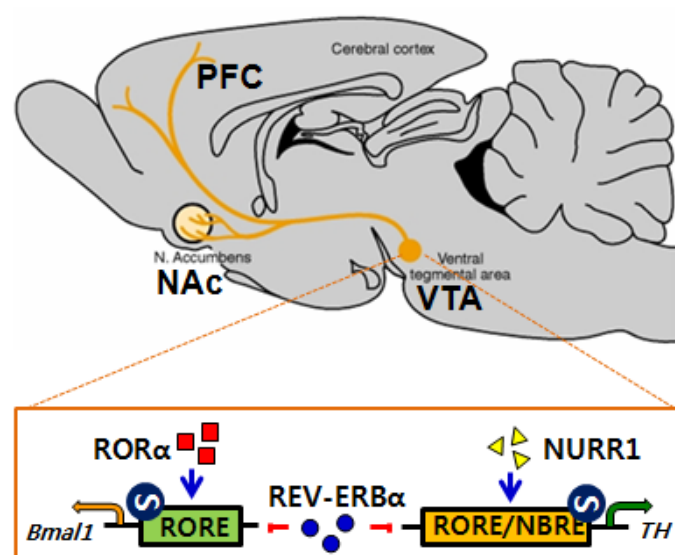
substance-induced abnormal rewarding activity. Several rodent models mimic human addictions, including alcohol, nicotine, drug, food, and sugar addiction. Diverse findings support the hypothesis that repetitive substance use enhances midbrain DA function and can wholly reverse the DA metabolism in the brain, particularly in the NAc region (Volkow and Morales, 2015). Reinforced desire for addictive substances eventually causes repeated over-consumption and subsequent hyper-extracellular DA concentrations. This increased extracellular DA stimulates dopamine receptor 3 (D3R), which facilitate transmission via the dopamine receptor 1 (D1R) direct pathway. Stimulating this pathway enhances cravings and the drive to continuously take the substance (Luo *et al.*, 2011). In addition, DA transporters participate in the removal of DA from synapses, which causes addiction-induced hyper-extracellular DA.

3.3 DA metabolism and molecular clock machinery

As stated above, addiction is caused by reward dysfunction. In animal addiction models, locomotor sensitization and drug self administration vary based on day-night cycles. This variation indicates an interaction between the circadian clock and reward system. Several studies demonstrated that *Per1* and *Per2* genes affect cocaine-induced sensitization and reward in an opposite manner (Carolina *et al.*, 2002). *Per1* enhances cocaine sensitization and reward, whereas *Per2* attenuates them. Moreover, *Per1* and *Per2*-deficient mice exhibit increased anxiety-like behavior (Spencer *et*

Figure 5. Function of REV-ERB α in DA-biosynthesis in midbrain VTA.

Reward-related behavioral rhythms are associated with rhythmic neural activity and dopaminergic signaling in the mesocorticolimbic pathways. The mesocorticolimbic pathway originates in the VTA and projects into the nucleus accumbens (NAc) and frontal cortex (PFC). In the VTA, REV-ERB α contributes to transcriptional control of TH via competition with nuclear receptor 1-related protein (Nurr1), a transcriptional activator of DA biosynthesis.



al., 2013). By contrast, these genes are significantly reduced in the NAc under stress, leading to hyper-anxiety. Circadian clockwork components are proposed to control several key DA-regulating genes. For example, the *Per2* gene helps lower the transcription activity of monoamine oxidase A (MAOA), which accelerates DA degradation in the striatum and contributes to increased dopamine levels (Hamppe *et al.*, 2008). The MAOA promoter is modulated by several clock components, including BMAL1 and neuronal PAS domain protein 2 (NPAS2). CLOCK protein is also involved in regulating dopaminergic transmission in the brain's reward circuit. *Clock*-deficient mice display increased hyperactive behavior, drug reward, and dopamine neuron excitability in the VTA (McClung *et al.*, 2005). Furthermore, TH is negatively regulated by CLOCK protein. Recent studies revealed that REV-ERB α competes with NURR1, a DA biosynthesis activator, to regulate *TH* gene transcription levels, which applies circadian level regulation of the dopaminergic system (Chung *et al.*, 2014) (Figure 5). Overall, evidence supports the existence of interactions between circadian rhythms and dopaminergic transmission, which could provide valuable insight into how to treat DA dysfunction at the circadian level.

PURPOSE

Molecular clock machinery is present in all mammalian tissues and functions as an essential component of physiological homeostasis. Specifically, REV-ERB α participates in the network of interlocking circadian feedback loops, various metabolic processes, and the dopaminergic pathway. Many researchers have attempted to identify non-porphyrin synthetic modifiers that modulate REV-ERB α activity. While there is considerable evidence suggesting a prominent role of REV-ERB α in dopaminergic system, it is still unclear whether the REV-ERB α acts on dopamine-reward system. Thus, I addressed two issues:

- (1) To identify a novel synthetic REV-ERB α modulator that can regulate the REV-ERB α -related physiological functions using a cell-based assay (CBA) system, and
- (2) To examine the REV-ERB α circadian action on dopamine-reward system using compulsive sucrose-seeking mouse.

CHAPTER 1.

**Identification of a novel circadian clock
modulator acting through a ROR/REV-ERB-
response element (ROR)-mediated mechanism**

ABSTRACT

REV-ERB α (NR1D1) is a member of the nuclear receptor superfamily of transcription factors, which regulate a wide range of biological processes. In the mammalian circadian system, REV-ERB α regulates the transcriptional repression of Bmal1 through the ROR/REV-ERB-response element (RORE). To identify novel modulators of REV-ERB α , a druggable compound library of small synthetic molecules was screened using a cell-based assay with a RORE-driven luciferase reporter. One compound, designated as KK-S6, repressed RORE-mediated transcriptional activity but not activity of a mutated RORE. Moreover, KK-S6 negatively regulated expression levels of Bmal1 mRNA and protein, but did not affect transcriptional activity of Bmal1 in mouse embryonic fibroblast cells (MEFs) derived from Rev-erb α knock-out mice. KK-S6 significantly altered the amplitude of circadian oscillations of RORE and/or Per2 dose-dependently *in vitro* and *ex vivo*, but did not affect the period length. Furthermore, it decreased levels of mRNA expression in genes acting downstream of REV-ERB α , which contained RORE in their promoter regions, such as Pai-1 and Citrate synthase. Since KK-S6 is structurally different from previously known synthetic REV-ERB α agonists, present results indicate that KK-S6 functions as a novel clock modulator through a RORE-mediated mechanism. This may contribute to therapeutic treatments for circadian rhythm-related disorders.

Key words: Rev-erb α , RORE, Small molecule, Cell-based assay (CBA)

INTRODUCTION

Circadian rhythms with periods of about 24 hours are found in most biological processes in mammals. The circadian timing system is organized hierarchically into multiple oscillator networks. Co-ordination of the circadian system across the whole body involves regulation of signals emanating from the suprachiasmatic nuclei (SCN; a central, master pacemaker in the anterior hypothalamus), subsidiary clocks in extra-SCN brain regions and peripheral organs, which regulate physiological and behavioral outputs (Dibner *et al.*, 2010; Mohawk *et al.*, 2012; Welsh *et al.*, 2010).

Most cells share a circadian clock timing system consisting of two core components: circadian locomotor output cycles kaput (CLOCK) and brain-muscle-ARNT-like protein 1 (BMAL1). The molecular clock machinery consists of two interlocked positive/negative feedback loops. In the core clock loop, CLOCK and BMAL1 form heterodimers that positively regulate the transcription of period (Per1, Per2, and Per3) and cryptochrome (Cry1 and Cry2) genes through activating a cis-element, the E-box, in their promoters. PERs and CRYs can dimerize and are phosphorylated by casein kinase (Gustafson *et al.*, 2015). This complex translocates into the nucleus where it negatively regulates Clock and Bmal1 transcription. In addition, the circadian nuclear receptors, ROR α and REV-ERB α , bind to the ROR/REV-ERB-response element (RORE) in the Bmal1 promoter

region. REV-ERB α and ROR α compete for the same binding motif (RORE); however, REV-ERB α suppresses Bmal1 transcription whereas ROR α induces it, forming a stabilizing loop (Partch *et al.*, 2014; Nangle *et al.*, 2014). Such an operating system is closely involved in the fine-tuning of circadian oscillations.

Along with the transcriptional regulation underpinning the molecular makeup of the clock machinery, post-translational modification processes, involving the phosphorylation (Sahar *et al.*, 2010), ubiquitination, sumoylation (Lee *et al.*, 2008), protein stability, signal transduction (Hirayama *et al.*, 2007) and subcellular trafficking (St John *et al.*, 2014) of clock proteins, have been extensively studied. Another avenue is the characterization of orphan circadian nuclear receptors. Since the mid-1990s, studies of both ROR α and REV-ERB α have been attempted to identify their endogenous ligands or alternatively to develop synthetic small molecules capable of acting as ligands. In the early 2000s, synthetic modulators of ROR α were frequently reported and used in physiological and pharmacological studies of circadian regulation, and also in investigations of metabolic homeostasis (Kumar *et al.*, 2010; Wang *et al.*, 2010). REV-ERBs were thought to be orphan nuclear receptors until the porphyrin heme was identified as their physiological ligand (Yin *et al.*, 2007). Heme, however, could not be used as a chemical probe for REV-ERB α because of its toxicity at higher concentrations and non-specific interactions with other cellular targets. Many researchers therefore attempted to identify non-porphyrin small molecules modulating REV-ERB α activity. GSK4112,

an initial non-porphyrin ligand of REV-ERB α , was discovered using a fluorescence resonance energy transfer (FRET) assay involving the ligand-binding domain (LBD) of REV-ERB α and the interacting domain of NCOR1 (Grant *et al.*, 2010). Burris and his colleagues later found that the synthetic REV-ERBs modulators, SR9011 and SR8278, altered both central and peripheral circadian clockwork *in vitro* and *in vivo* (Solt *et al.*, 2012; Kojetin *et al.*, 2011).

REV-ERB α plays important roles in regulating metabolic homeostasis and energy balance (Ripperger *et al.*, 2012). Loss-of-function and genome-wide cistromic profiling revealed that REV-ERB α had more profound functions than previously suspected. More than 90% of the approximately 900 genes expressed in the liver became arrhythmic in a Rev-erbs knock-out mouse, compared to the wild-type mouse. Knocking out Rev-erba/ β specifically in the liver resulted in mice with severe circadian-associated disruption of liver metabolism (Cho *et al.*, 2012), and pharmacological activation of REV-ERB α leads to acceleration of adipogenesis, loss of fat mass and increased energy expenditure (Kumar *et al.*, 2010). REV-ERB α can also modulate gene networks controlling oxidative capacity and mitochondrial contents in skeletal muscle in mice with increased exercise endurance (Woldt *et al.*, 2013). Recent studies indicate that REV-ERBs modulate sleep and emotional behaviors (Banerjee *et al.*, 2014). We recently found a pivotal role for REV-ERB α in the ventral midbrain (VMB) in the regulation of tyrosine hydroxylase (TH) gene transcription, thereby connecting the circadian system to mood regulation (Chung *et al.*, 2014).

Using a cell-based screening method based on a RORE reporter system, I identified a novel synthetic compound that modulates clock activity (REV-ERB α), and validated its functional significance *in vitro* and *ex vivo*. Although several synthetic compounds modulating REV-ERB α activity have been identified since my study began, as mentioned above (Grant *et al.*, 2010; Solt *et al.*, 2012), this novel compound has a chemically distinct scaffold and thus will be a valuable tool to probe the functions of the circadian clock.

MATERIALS AND METHODS

Plasmid constructions. A 2×RORE::Luc reporter plasmid was prepared by inserting a fragment containing two copies of *RORE* (171bp; -106 to +65 from the transcriptional start site of the *Bmal1* gene) into the pGL3-promoter vector (Promega) using the *XhoI* and *NheI* restriction sites. The mutated RORE reporter constructs (mRORE1, mRORE2 and mRORE1/2) were generated from 2×RORE::Luc using site-directed mutagenesis with the following primers: RORE1 mutant up: 5'-CGGATTGGTCGG AAAGTACATTAGTGGTGCGA CATTAG-3'; RORE1 mutant dn: 5'-CTAAATGTCGCACCACTAATGTACTTTCCGACCAATCCG-3'; RORE2 mutant up: 5'-GGAAGGCAGAAAGTACATCAGGGACGGAGGC-3'; RORE2 mutant dn: 5'-GCCTCCGTCCCTGATGTACTTTCTGCCTTCC-3'. The PCR products were digested with *DpnI* for 1 hour and then transformed into DH5α competent cells. Colonies were picked and grown in LB media (plus ampicillin) for 12 hours. Plasmid DNA was isolated using the Dokdo-Prep™ kit (Elpis Biotech). Each mutated 2×RORE::Luc reporter construct was confirmed by sequencing.

Luciferase assay. Each of the luciferase reporter and expression vectors were transfected together with 400 ng of a *Renilla* luciferase promoter construct (pRL-basic; an internal control for transfection efficiency) into NIH3T3 cells using Lipofectamine Plus reagent (Invitrogen). After 48 hours,

cell extracts were prepared by incubation in 0.1 ml of 1× lysis buffer (Promega) for 20 minutes at room temperature. Firefly and *Renilla* luciferase activities were measured using the Dual Luciferase Reporter Assay Kit (Promega). Reporter-driven firefly luciferase activities were normalized on *Renilla* luciferase levels (Cheon *et al.*, 2013).

Cell-based assay screening. A small, druggable, scaffold-based library containing 1128 compounds was obtained from the College of Pharmacy, Seoul National University. Each compound was dissolved in DMSO and used at the indicated dosage. Compounds were screened using a cell-based assay. NIH3T3 cells were seeded in 24-well plates and transfected using Metafectine easy (Biontex) with two plasmids containing the 2×RORE::Luc reporter and pRL-basic constructs. Transfected cells were treated with vehicle DMSO or chemical compounds and incubated for 24 hours. Luciferase assays were performed as described previously (Chun *et al.*, 2014). Changes in luciferase expression were converted to a logarithm scale and the mean ± standard error (SE) were calculated and regarded as an index for selection of the primary screening process.

Stable cell lines and cell culture. Stably transformed cells were generated by two methods. For transfection experiments, NIH3T3 cells were transfected with the 2×RORE::Luc wild-type reporter or a mutated 2×RORE::Luc reporter (mRORE1, mRORE2, and mRORE1/2) and a pcDNA3.1 construct, which contains a neomycin cassette. After 24 hours,

the standard medium was replaced with medium containing G-418 (Gibco) at a final concentration of 400 µg/ml. After 3 weeks of G418 selective pressure to produce stable cell lines (typically every three passages), the G418 concentration was gradually reduced to 100 µg/ml. For viral transformation, the 2xRORE::Luc reporter was inserted into an ID retroviral vector (provided by Prof. Sunyoung Kim, Department of Biological Sciences, Seoul National University) using the *Mlu*I, *Nco*I and *Xho*I restriction sites. The ID vector containing 2xRORE::Luc was transfected into HEK293T cells, together with pVM-GP and amphotropic env expressing pVM-AE, using Lipofectamine Plus reagent (Invitrogen). Supernatants were collected 48 hours after transfection, filtered through a 0.45 µm filter and used for the transduction of NIH3T3 cells. To measure luciferase activity, stably transformed cells were seeded in a 35 mm dish and monitored for real-time bioluminescence using a wheel-type luminometer (AB-2550 Kronos-Dio; ATTO). NIH3T3 and HepG2 cells were maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS) and 1% penicillin/streptomycin (Invitrogen) at 37°C under 5% CO₂. Each stable cell line was maintained in medium (DMEM supplemented with 10% FBS and 2% penicillin/ streptomycin) containing G-418 (100 µg/ml).

Mammalian one-hybrid assay. In the mammalian one-hybrid assay, a DNA sequence of interest is placed upstream of a reporter gene (upstream-activation sequence; UAS). If the protein is able to interact with the UAS, transcription of the reporter gene is activated. In this study, an LBD of REV-

ERB α was cloned into a vector expressing protein fused to a DNA-binding domain (Solt *et al.*, 2012). The LBD of human REV-ERB α (coding for amino acids 418 to 611) was amplified from a full-length human EGFP-*Rev-erba* plasmid clone using PCR. PCR products were initially cloned into the pGEM-T Easy vector (Promega) and confirmed using chain termination sequencing. Subsequently, the amplified LBD of *Rev-erba* was inserted into the pM vector (Clontech) using the *Bam*HI and *Hind*III restriction sites.

Explant culture of the SCN. Neonatal pups (7 days post-birth) produced by Per2::Luc knock-in mice, in which a firefly *luciferase* gene is fused in-frame to the 3' end of the endogenous *Per2* gene, were sacrificed and their brains quickly removed (Yoo *et al.*, 2004). Coronal sections (300 μ m thickness) of brains were cut using a vibratome and the SCN were dissected out. Brain slices containing the SCN were maintained on culture insert membrane (Millipore) dipped into culture medium (50% minimum essential medium, 2% Gey's balanced salt solution, 25% horse serum, 36 mM glucose and 100 units/ml aerosolized antibiotics) in incubators at 37°C under 5% CO₂. The SCN slices were cultivated for 2 weeks before being used in experiments.

Real-time bioluminescence recording. Stably transformed cells expressing 2xROR α ::Luc or Per2::Luc were seeded in 35 mm dishes. Cell cultures were synchronized with 1 μ M dexamethasone (DEX) for 2 hours before their medium was replaced with 0.1 mM D-luciferin (Promega)

medium (DMEM supplemented with 10% FBS, 2% penicillin/streptomycin) containing vehicle (DMSO) or chemical compounds at the indicated concentrations. Brain slices containing SCN from Per2::Luc knock-in mice were maintained in a sealed 35 mm dish with 1 ml of the culture medium (50% minimum essential medium, 25% Gey's balanced salt solution, 25% horse serum, 36 mM glucose, and 100 units/ml aerosolized antibiotics) containing 0.3 mM D-luciferin (Promega) in a chamber at 37°C. Bioluminescence levels from cells were recorded for 1 minute at intervals of 9 minutes, and from SCN slices for 2 minutes at intervals of 18 minutes using a dish-type wheeled luminometer (AB-2550 Kronos-Dio; ATTO). Each dish containing samples was maintained continuously and the luminescence levels were recorded for at least 3 days (Koo *et al.*, Epub ahead of print).

RNA isolation and real-time quantitative PCR. HepG2 cells were harvested and washed with phosphate buffered saline (1× PBS). Total RNA was isolated using the single-step acid guanidinium thiocyanate-phenol-chloroform method (Son *et al.*, 2008) and 3 µg RNA reverse-transcribed using Moloney murine leukemia virus reverse transcriptase (M-MLV reverse transcriptase) (Promega). Real-time PCR was carried out in the presence of SYBR Green I (Sigma). Gene expression levels were normalized against expression of *TATA box-binding protein (Tbp)*. Primer sequences used in real-time RT-PCR were as follows: *Bmal1* up: 5'-TTA AGA GGT GCC ACC AAT CC-3'; *Bmal1* dn: 5'-TTC CCT CGG TCA CAT CCT AC-3'; *Pai-1* up: 5'-

AAG ACT CCC TTC CCC GAC TC-3'; *Pai-1* dn: 5'-GGG CGT GGT GAA CTC AGT ATA G-3'; *citrate synthase* up: 5'-TAG TGC TTC CTC CAC GAA TTT G'-3', *citrate synthase* dn: 5'-CCA CCA TAC ATC ATG TCC ACA G'-3'; *Tbp* up: 5'-CGG CTG TTT AAC TTC GCT TC-3'; *Tbp* dn: 5'-TTC TTG GCA AAC CAG AAA CC-3'. Primer sequence data were based on previous reports (Wang et al., 2006; Crumbley et al., 2012). The reactions were first incubated at 94°C for 10 minutes, followed by 50 cycles at 95°C for 15 seconds, 62°C for 30 seconds and 72°C for 30 seconds.

Western blot analysis. Immunoblot analyses were performed on 8% sodium dodecylsulfate polyacrylamide gels. Whole-cell extracts were loaded on sodium dodecylsulfate (SDS)-polyacrylamide gels and transferred to polyvinylidene difluoride (PVDF) membranes (Millipore) in a Bio-Rad Trans-Blot electrophoresis apparatus using Towbin's buffer (25 mM Tris, pH 8.3, 192 mM glycine and 20% methanol). The blots were blocked in 1× Tris-buffered saline (TBS; 150 mM NaCl, 10 mM Tris, pH 7.6 and 2 mM MgCl₂) containing 0.3% Tween-20 with 10% skimmed milk and incubated with primary antibody at room temperature for 90 minutes. They were then washed four times with 1× TBS/0.3% Tween-20. Antibody binding was subsequently detected by incubation with secondary antibodies linked to horseradish peroxidase (Jackson Immuno Research Laboratories). Expression levels were visualized using an ECL detection kit (Pierce). Anti-BMAL1 and anti-α-actin (s.c.-56459; Santa Cruz) were obtained commercially. Anti-BMAL1 antibody was raised by immunization of

rabbits and affinity-purified, as described previously (Kwon *et al.*, 2006).

Statistical analysis. All of the individual co-transfection experiments were performed in 24-well plates and each experiment was repeated at least three times. Results from the co-transfection experiments were normalized against activity of a *Renilla* luciferase control. Data were analyzed using one-way analysis of variance (ANOVA) with Tukey post-hoc tests using GraphPad Prism software. *P*-values of less than 0.05 were considered to be significant.

RESULTS

Cell-based screening to identify synthetic compounds modulating the RORE activity

To identify novel circadian clock modulator(s) responsible for binding the RORE *cis*-element, I screened compounds using a cell-based assay utilizing the RORE-mediated luciferase reporter system. The reporter contained two copies of RORE from the proximal region of the *Bmal1* promoter (Fig. 6A). When induced by dexamethasone, cultured NIH3T3 cells transfected with this reporter displayed a circadian oscillation similar to that of *Bmal1* (Fig. 6B). Transient expression of ROR α induced reporter activity whereas that of REV-ERB α repressed it. Repression of luciferase activity by REV-ERB α was up-regulated by increases in levels of ROR α , which competes with REV-ERB α for the RORE binding site (Fig. 6C). In an initial attempt to identify circadian modulator(s), I conducted a screen of 1128 druggable compounds (20 μ M) which were previously described uncharacterized chemical library (Chun *et al.*, 2014) using cells expressing the 2xRORE::Luc reporter. When the cut-off point for accepting an effect was set to > 1.5-fold change from the control value (1.0), a quarter of the compounds screened produced a significant change in RORE-mediated luciferase activity and the rest had no effect (Fig. 7). Next, I classified the compounds, which included 260 repressors and 33 activators, identified by

the primary screen into 14 groups (named A-N) based on their structural similarities. Intriguingly, only members of group B (designated as KK-S) had a uni-repressive effect on RORE activity (Fig. 8A). Even though ten compounds in this group were not strong enough to repress reporter activity, on the basis of their structural formulae, I estimated that the common moiety (structural analogs) of ten compounds (open bar) found among all 68 compounds in the KK-S family was responsible for modulating the reporter's activity (Fig. 8B). The ten chromene-truncated compounds shared a common structure and moiety (Fig. 8C). I further investigated the dose-response relationships of ten compounds in the KK-S subfamily (named KK-S1-10) at concentrations ranging from 0.02 to 20 μ M. All except KK-S5 produced a slight decrease in a dose-dependent manner in luciferase activity driven by the RORE (Fig. 9).

Validation of the RORE sequence specificity

I further investigated whether the presence of two ROREs was essential for each of the ten candidate compounds using reporters containing mutated ROREs. A GG/CA mutation in RORE1 and/or RORE2, produced by site-directed mutagenesis, completely abrogated the effects of REV-ERB α or ROR α on reporter activity and circadian oscillation profiles (Fig. 10). Based on the dose-response curves, in which nine out of ten compounds from the KK-S subfamily repressed activity of the 2xRORE::Luc reporter (Fig. 9), I next investigated whether the same

compounds produced RORE sequence-specific activity. When the effect of these compounds on the wild-type and mutated RORE constructs were compared, only KK-S6 treatment resulted in RORE-specific repression of luciferase activity (Fig. 11A). KK-S6 is quite flexible and consists of two aromatic systems linked by an ethylene bridge. The R group of KK-S6 contains a unique alkyne (triple bond) unit which can display a π - π interaction as well as a hydrophobic interaction (Fig. 11B). Furthermore, I did not observe any change in repression of promoter activity in response to KK-S6 when the mRORE1 or mRORE2 constructs were tested (Fig. 11C). It therefore appears that only the effects of KK-S6 on reporter activity are specific to the RORE sequence.

KK-S6 affects cellular oscillation *in vitro* and *ex vivo*

To explore the functional relevance of the regulation of circadian oscillations by KK-S6, I examined temporal oscillations driven by RORE or the *Per2* promoter. Stable cell cultures harboring either 2xRORE::Luc or Per2::Luc were synchronized with 1 μ M dexamethasone (DEX) for 2 hours and then continuously treated with KK-S6 or vehicle (DMSO) throughout the circadian cycle. KK-S6 treatment caused an attenuation in the amplitude of reporter-induced luciferase oscillations in a dose-dependent manner but did not alter the period length over the range of concentrations tested (Fig. 12A and B). I further investigated whether oscillations in the SCN underwent temporal changes following KK-S6 treatment using SCN-

explant slices derived from *Per2* knock-in mice. Application of KK-S6 during the trough of the *Per2::Luc* oscillation significantly attenuated the amplitude of the oscillations. Following KK-S6 wash-out, the oscillations rebounded to their previous profiles (Fig. 12C). Statistical analysis revealed that the mean amplitude during KK-S6 treatment was significantly lower than that at pre- and post-treatment (wash-out), but the periodicity of the *Per2::Luc* oscillation was unaltered. These data indicate that repressive transcriptional activity of 2xRORE::Luc by KK-S6 may be due to a decrease in the amplitude of oscillations produced by the circadian clock.

KK-S6 enhances the action of REV-ERB α

I next assessed whether KK-S6 acted *via* REV-ERB α when full-length *Rev-erba* was either over-expressed or endogenously depleted. KK-S6 treatment slightly repressed RORE-mediated reporter activity, compared with the control treatment, and luciferase activity was further down-regulated when *Rev-erba* was over-expressed (Fig. 13A). KK-S6 suppressed *Bmal1::ELuc* (emerald luciferase) activity in WT MEFs, but its repressive effect on RORE-mediated transcription was lost in MEFs derived from *Rev-erba* knock-out mice (Fig. 13A). It thus appears that KK-S6 may act at the level of REV-ERB α . I next attempted to determine whether KK-S6 could modulate mRNA expression levels in HepG2 cells of several genes that act downstream of REV-ERB α and contain the RORE *cis*-element in their promoters. Sequence analysis shows that the *Bmal1* (Sato et al., 2004)

and *Plasminogen activator inhibitor-1 (Pai-1)* (Wang *et al.*, 2006) promoters each have two putative ROREs, whereas that of *Citrate synthase* (Crumbley *et al.*, 2012) has one. All three genes can be directly regulated by REV-ERB α (Harding *et al.*, 1993). Treatment with KK-S6 repressed the transcription levels of these genes as strongly as heme, the endogenous ligand, and GSK4112, a REV-ERB α agonist (Fig. 13B). KK-S6 treatment produced as great a decrease in BMAL1 protein expression as treatment with heme, whereas lithium (LiCl) treatment increased the level of BMAL1 (Fig. 13C). Lithium is an inhibitor of GSK3 β that accelerates the rate of phosphorylation, leading to degradation of REV-ERB α protein (Yin *et al.*, 2006; Osland *et al.*, 2011). Interestingly, KK-S6 treatment resulted in more significant decreases in levels of endogenous mRNA of genes acting downstream of REV-ERB α as well as in the level of BMAL1 than RORE-mediated transcription activity. It appears that a post-translational modification process may be involved in, or may modify, the effect of KK-S6 on molecular clock-related targets.

KK-S6 is not directly interact with LBD of REV-ERB α

I next performed the mammalian one-hybrid assay, to determine whether KK-S6 directly bound the LBD of REV-ERB α . As a control group upstream-activation sequence (UAS)::Luc activity was reduced by Rev-erb α -LBD construct in a dose-dependent manner (Fig. 14A). GSK4112 (15 μ M), which is known to act as a REV-ERB α agonist induced REV-ERB α -dependent

repressive activity, was used as a positive control. Although GSK4112 acted as expected, KK-S6 (10 μ M) did not (Fig. 14B). It thus appears that KK-S6 does not directly interact with the LBD of REV-ERB α to repress the activity of the 2xRORE::Luc reporter. So, further studies will be need to how KK-S6 modulates the Rev-erb α activity.

Figure 6. Validation of the 2xRORE::Luc reporter system. (A) A schematic representation of the 2xRORE::Luc reporter construct. It contains two copies of the ROR α /REV-ERB α -response element (RORE; RORE1: AAGTAGGTTA; RORE2: AAGTAGGTCA) from the *Bmal1* promoter region (171 bp) that drive luciferase reporter expression. (B) Circadian oscillations in expression level of the 2xRORE::Luc reporter in fibroblast cells measured using a real-time bioluminescence monitoring system. (C) Transient expression of ROR α (0, 12.5, 25, 50 and 100 ng) gradually induced reporter activity whereas expression of REV-ERB α (0, 12.5, 25, 50 and 100 ng) gradually repressed reporter transcriptional activity in NIH3T3 cells. The two bottom panels show the combined effect of ROR α and/or REV-ERB α . The increase in reporter activity produced by ROR α (12.5 ng) was dose-dependently decreased by REV-ERB α (0, 12.5, 25, 50 and 100 ng) (bottom left). The depression of reporter activity caused by REV-ERB α (100 ng) was dose-dependently reversed by the addition of ROR α (0, 12.5, 25, 50 and 100 ng) (bottom right). Experiments were replicated three times and values shown are means \pm SEM.

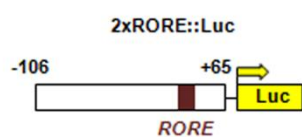
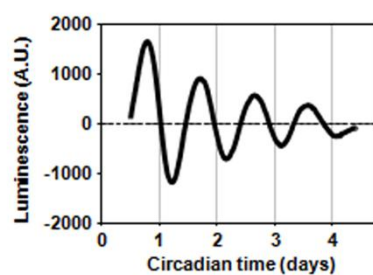
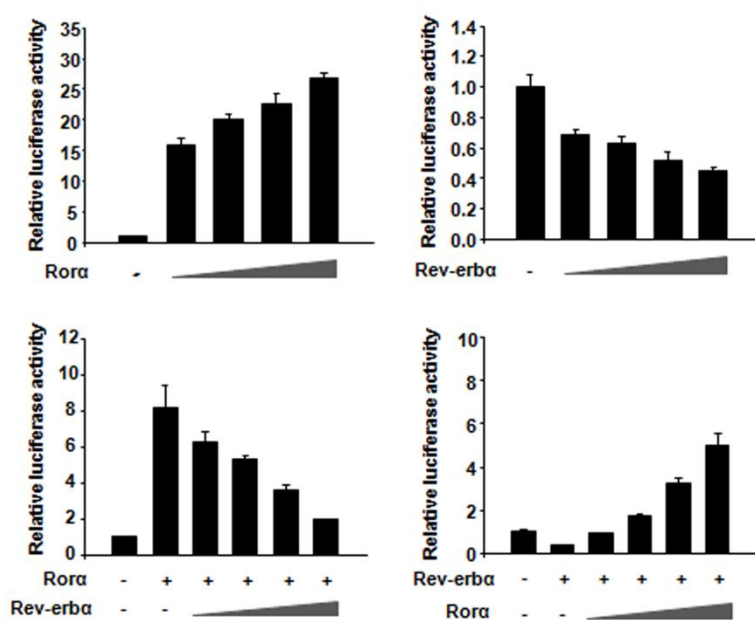
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Figure 7. Summary of chemical library screening by cell-based assay.

(A) NIH3T3 cells were transiently transfected with the 2xRORE::Luc reporter before treatment with 1128 different drug-like compounds at a final concentration of 20 μ M. Luciferase activity was calculated by comparing luminescence levels with a control DMSO-treated group and normalized on *Renilla* luciferase activity. Black: compounds with no significant effect; blue: compounds with Δ 50% change; orange: compounds with Δ 100% change; red: compounds with Δ 200% change. Experiments were replicated three to six times. (B) Pie-chart summarizing the screening results: 260 compounds repressed reporter activity whereas 33 compounds induced activity. The remainder (830 compounds) had no effect on reporter activity. Fold change cut-off is with reference to the control (set at 1.0). White: no change; gray: damaged; blue: activity induced; orange: activity repressed. Experiments were replicated three to six times.

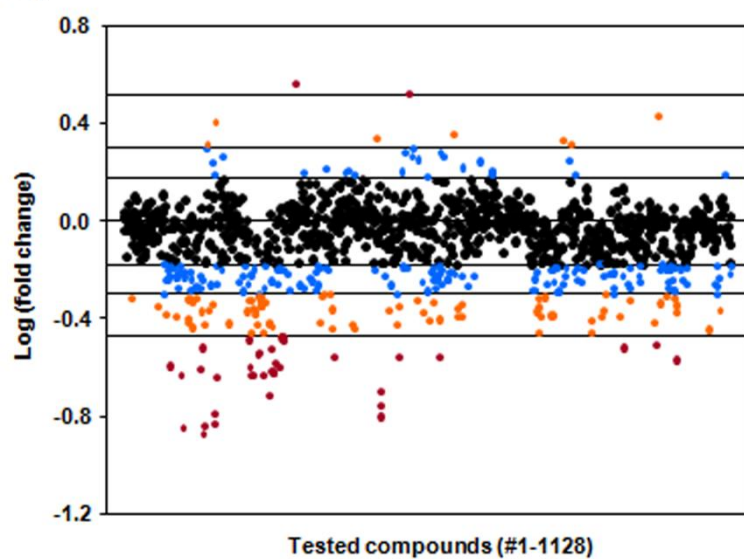
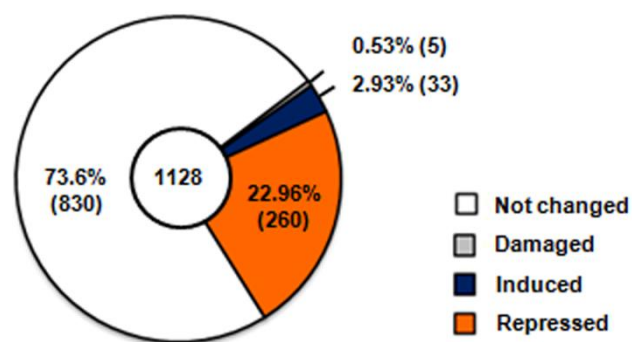
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Figure 8. Structure and activity of the KK-S family of compounds. (A)

Classification of the compounds 293 producing primary hits in the screen into 14 groups (A to N) based on their structural similarities (White: repressor; black: inducer).

(B) Basic structural scaffold of 68 chemical compounds in the KK-S family. Selected ten compounds among the KK-S family shared a common moiety but varied with respect to the residues at R.

(C) NIH3T3 cells expressing 2×RORE::Luc were treated with 10 μM of 68 compounds from the KK-S family. Of these, ten compounds (open bars) were sorted by structural analogies which displayed their repressive effect on 2×RORE::Luc reporter activity. *p < 0.05, **p < 0.01 compared to vehicle DMSO-treated group. Data shown are the means ± SEM (n = 3-9).

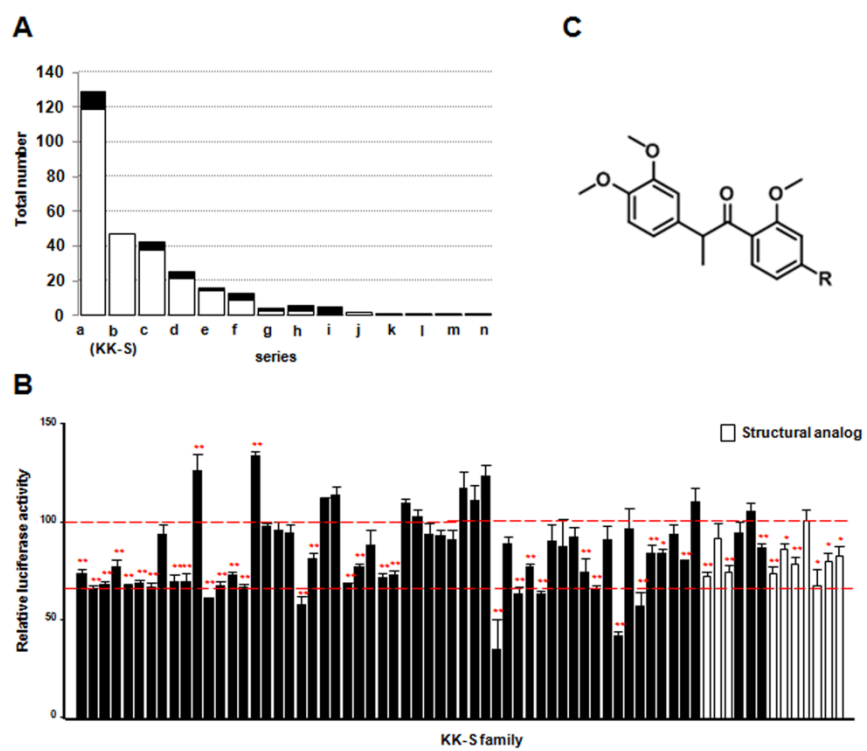


Figure 9. Dose-response curves showing the effect on activity of the 2xRORE::Luc reporter of ten compounds from the KK-S subfamily.

Dose-response curves showing the effect of ten compounds selected from the KK-S subfamily on RORE-mediated transcription. Luciferase activity in NIH3T3 cells harboring the 2xRORE::Luc reporter was monitored in the presence of various concentrations of compound (7 points of 3-fold dilution series in DMSO). The grey dot represents cells damaged by a high concentration of compound. Experiments were replicated six to nine times and data shown are the means \pm SEM.

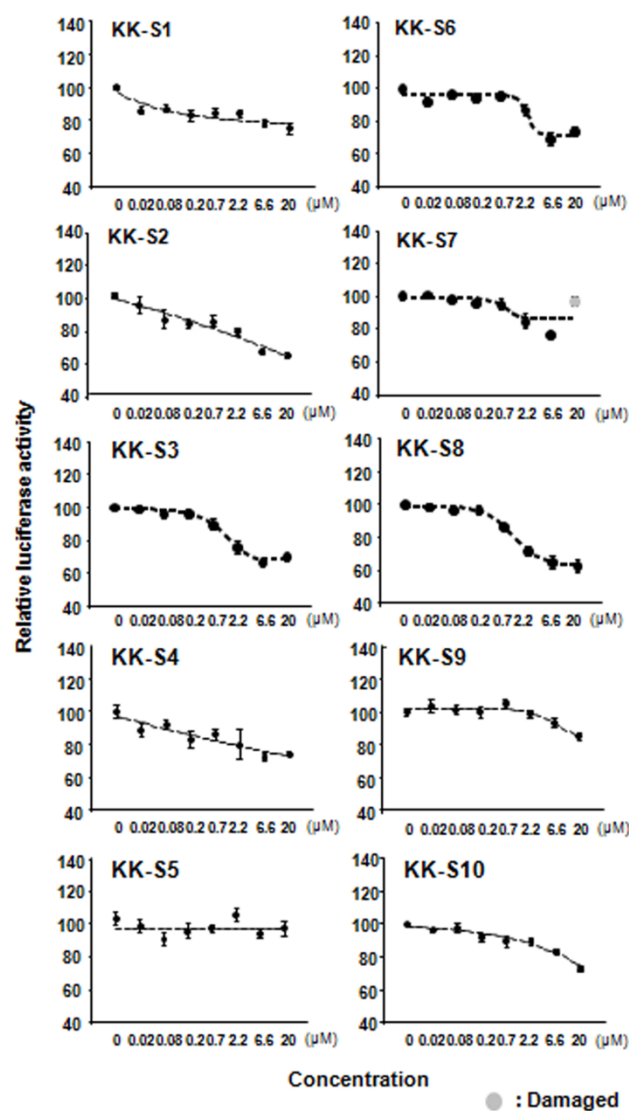


Figure 10. ROREs are essential for oscillations in reporter activity of the circadian nuclear receptors ROR α and REV-ERB α . (A) Schematic diagrams of mutated RORE reporter constructs. Wild-type RORE contains two copies of the *cis*-element (RORE1 and RORE2). GG was mutated to CA in RORE1 and/or RORE2 to produce mRORE1, mRORE2 and mRORE1/2 reporters. (B) NIH3T3 cells were transfected with a luciferase reporter containing wild-type RORE, mRORE1, mRORE2 or mRORE1/2. Mutations at one or both sites completely abolished the suppression of luciferase reporter by ROR α and REV-ERB α . Experiments were replicated six times. Data shown are the means \pm SEM. (C) Comparison of bioluminescence profiles after dexamethasone treatment of cells stably transformed with luciferase reporters containing mutated ROREs. Two hours after dexamethasone (1 μ M) treatment, reporter activity of each cell was recorded using a real-time luminescence monitoring system. The presence of mutated ROREs (mRORE1, mRORE2, and mRORE1/2) totally abrogated rhythmic reporter activity.

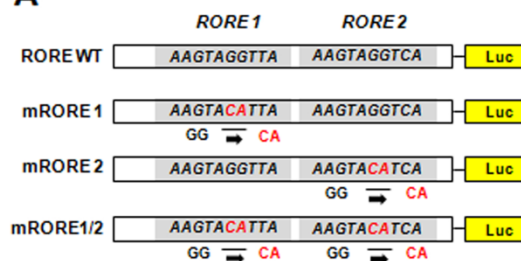
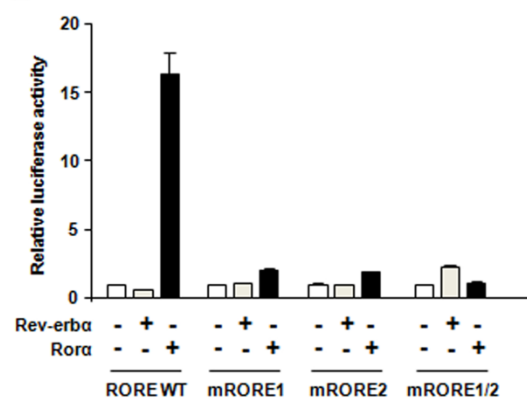
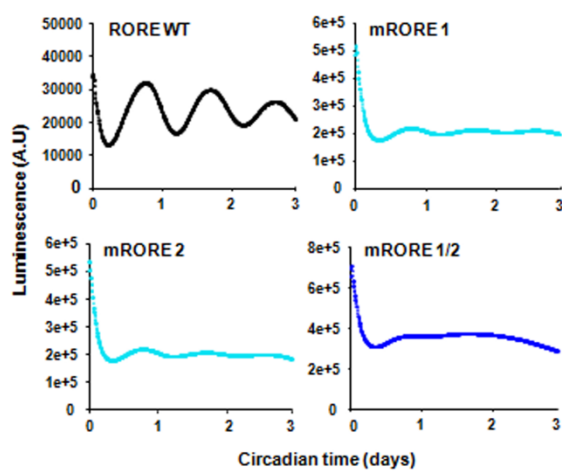
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Figure 11. Use of a mutated 2xRORE::Luc reporter system to validate the specific affinity of KK-S6 for RORE reporter activity. (A) Cells expressing wild-type RORE (2xRORE::Luc) or mutated RORE (RORE1/2) were cultured on 24-well plates for 24 hours and then treated with vehicle (0.05% DMSO) or one of the ten selected compounds at 5 μ M concentration. **p < 0.01 compared to vehicle DMSO-treated group, ††p < 0.01 vs wild type with the same treatment. Data shown are means \pm SEM (n = 6-9). (B) Chemical structure of KK-S6. (C) The effect of KK-S6 on activity of the 2xRORE::Luc reporter is sequence-specific. KK-S6 repressed the activity of the wild-type 2xRORE::Luc reporter but this effect was lost in the presence of a single mutated RORE (mRORE1 and mRORE2) or if both ROREs were mutated (mRORE1/2). *p < 0.05 compared to vehicle DMSO-treated group. Data shown are means \pm SEM (n = 3-6).

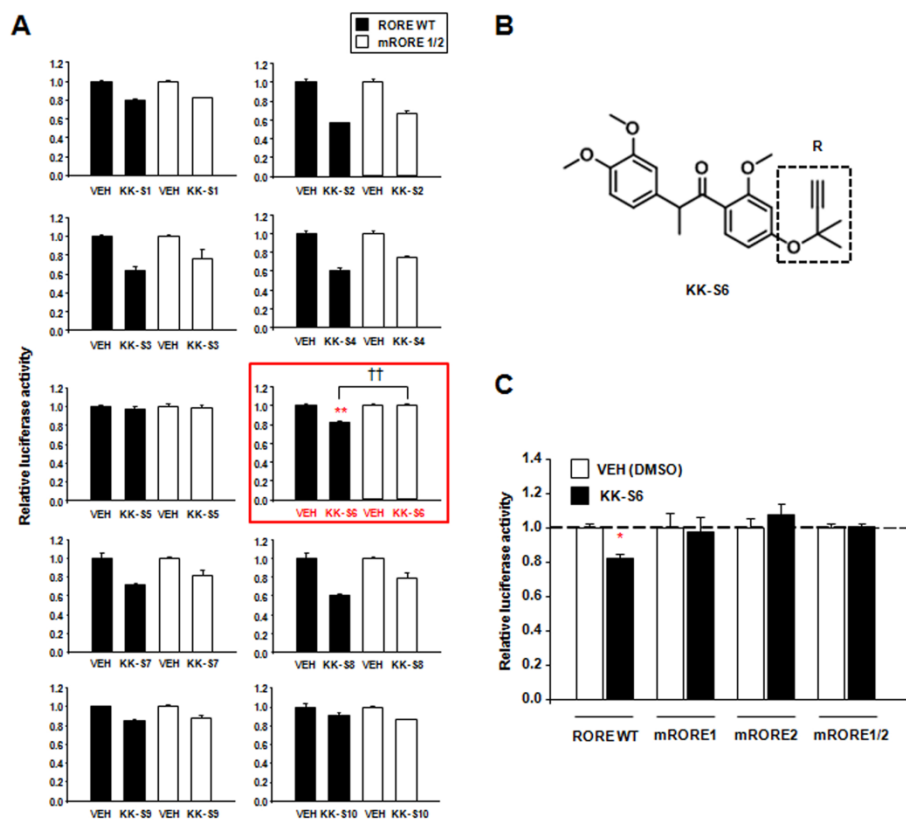


Figure 12. KK-S6 affects the amplitude but not the period length of circadian oscillations in cells and of *Per2::Luc* activity in the SCN *ex vivo*. (A) NIH3T3 cells stably harboring the 2xRORE::Luc reporter were synchronized with 1 μ M dexamethasone (DEX) for 2 hours and then treated with vehicle (0.05% DMSO) or KK-S6 (1.25, 2.5 and 5 μ M). The level of bioluminescence emitted in the presence of luciferin substrate was monitored every 2 minutes for 72 hours with a real-time luminescence monitoring system. (B) Stable NIH3T3 cells harboring luciferase driven by the mouse *Per2* promoter (*Per2::Luc*) were synchronized with 1 μ M dexamethasone (DEX) for 2 hours and then treated with vehicle (0.05% DMSO) or KK-S6 (1.25, 2.5 and 5 μ M). Bioluminescence levels were monitored, as previously described. (C) The effect of KK-S6 on luciferase activity in SCN explants from *Per2::Luc* knock-in mice. An SCN-explant slice (300 μ M) was pre-incubated in culture medium containing D-luciferin (0.3 mM) and KK-S6 (5 μ M) was added to the recording medium during the trough after the third expression peak. Bioluminescence was continuously measured using a real-time bioluminescence monitoring system. The right-hand panels show the reductions in amplitude but not in period length compared to pre-and post-treatment values (**p < 0.01).

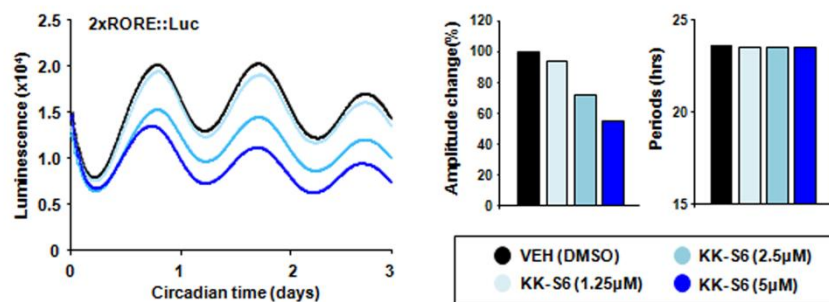
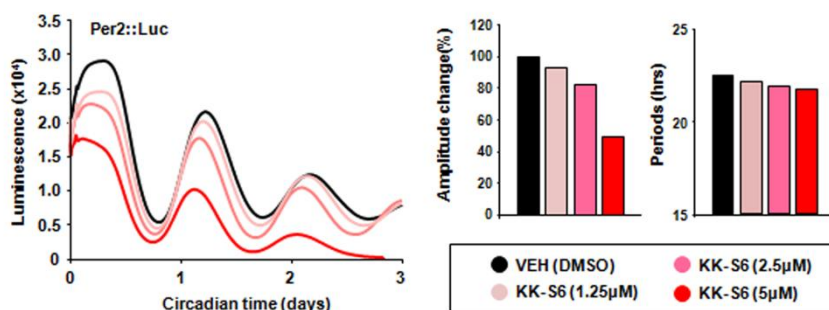
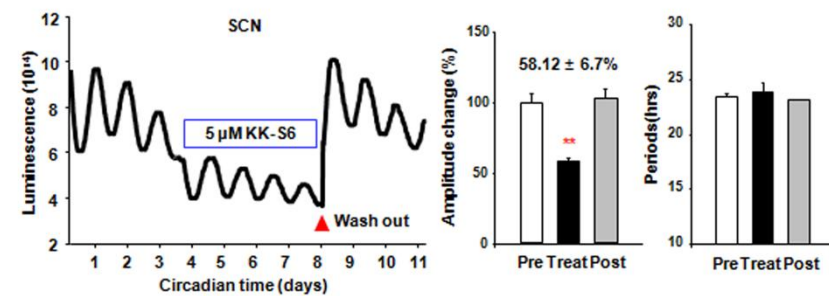
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Figure 13. KK-S6 action is dependent on REV-ERB α . (A) NIH3T3 cells were transfected with 2 \times RORE::Luc and/or *Rev-erba* and treated with vehicle (0.05% DMSO) or KK-S6 (10 μ M). KK-S6 significantly repressed luciferase reporter activity in cells expressing *Rev-erba*. Luciferase activity was normalized to *Renilla* luciferase activity. **p < 0.01 compared to vehicle DMSO-treated group. Experiments were replicated six times and data shown are means \pm SEM. (B) Wild-type or *Rev-erba* knock-out MEFs were obtained from crosses between Bmal1::ELuc/*Rev-erba*^{+/-} and *Rev-erba*^{+/-} mice and treated with KK-S6 (5 μ M) for 24 hours. The extent of repression was calculated by dividing luciferase activity in the KK-S6-treated group by that in the control, DMSO-treated group. The effect of KK-S6 on RORE-mediated transcription was significantly attenuated in *Rev-erba* knock-out MEFs, as determined by luminescence levels produced by activity of the Bmal1::ELuc reporter. **p < 0.01 compared to vehicle DMSO-treated group. Experiments were replicated three times and data shown are the means \pm SEM. (C) mRNA expression of genes acting downstream of REV-ERB α is altered by KK-S6. HepG2 cells were treated with vehicle (0.05% DMSO) or KK-S6 (5 μ M) for 24 hours. Cells were harvested and levels of *Bmal1*, *Pai-1*, and *citrate synthase* mRNA were analyzed using real-time PCR. Each value was normalized against the level of expression of *TATA-binding protein* (*Tbp*). **p < 0.01 compared to vehicle DMSO-treated group. Heme (30 μ M) and GSK4112 (15 μ M) were used as positive controls. Experiments were replicated four to nine times and data shown are the means \pm SEM. (D) KK-S6 alters the level of BMAL1 protein. After 16 hours of serum

deprivation, NIH3T3 cells were treated with vehicle (0.05% DMSO) or heme (30 μ M), lithium (10 mM), KK-S6 (5 μ M) for 24 hours. BMAL1 protein levels were determined using western blot analysis with anti-BMAL1 antibody and quantitated by densitometry. Relative BMAL1 protein levels (A.U) were measured twice. Data shown are means \pm SEM. * p < 0.05 compared to vehicle DMSO-treated group.

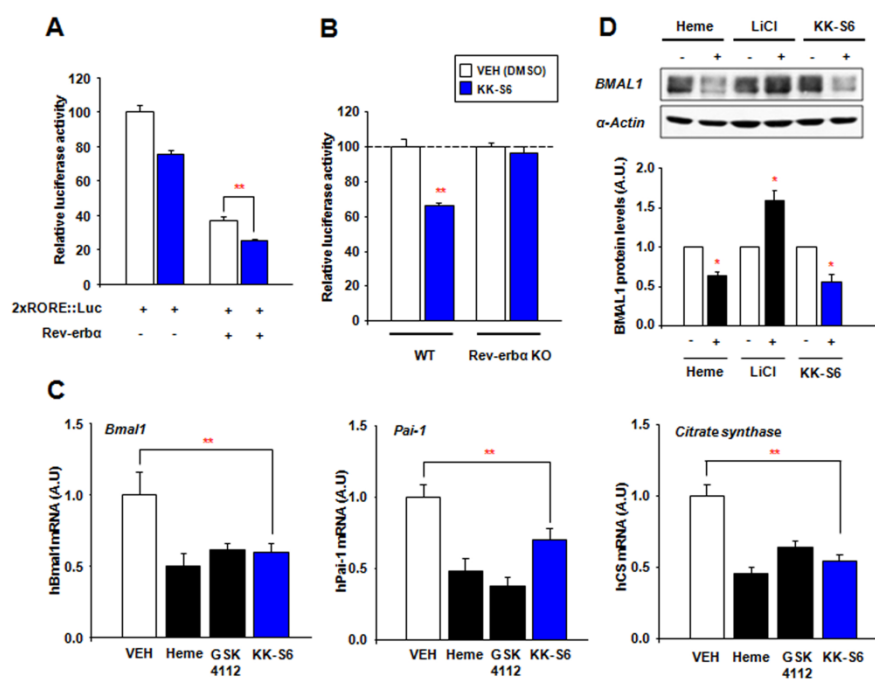


Figure 14. Effect of KK-S6 on the ligand-binding domain (LBD) of REV-ERB α in a mammalian one-hybrid assay. (A) NIH3T3 cells were transiently co-transfected with UAS::Luc reporter and Rev-erb α LBD constructs (50, 100, and 200 ng). Reporter activity was suppressed by the addition of LBD of REV-ERB α in a dose-dependent manner. Luciferase activity was normalized on that of the control group. Experiments were replicated three times and data shown are means \pm SEM. (B) NIH3T3 cells were co-transfected with UAS::Luc reporter and Rev-erb α LBD constructs (50 ng) and then treated with GSK4112 (15 μ M) or KK-S6 (10 μ M). Experiments were replicated six times and data shown are means \pm SEM. *p < 0.05 compared to control group.

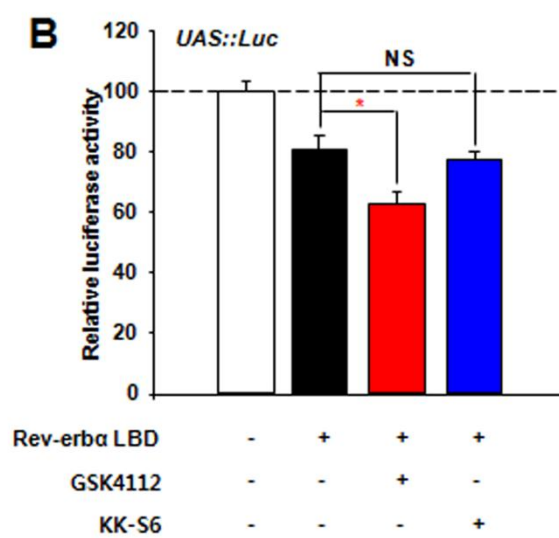
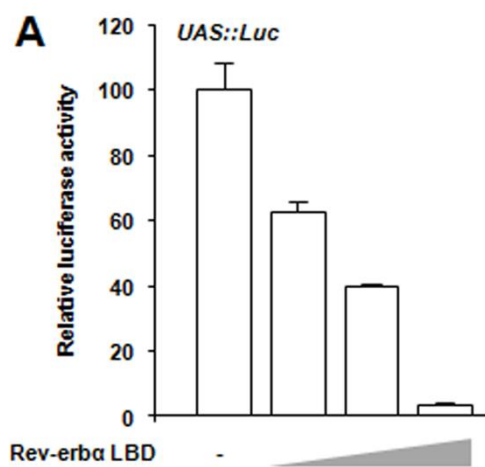
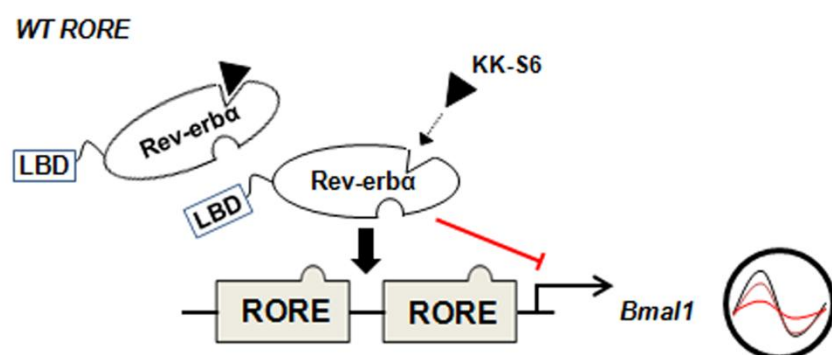
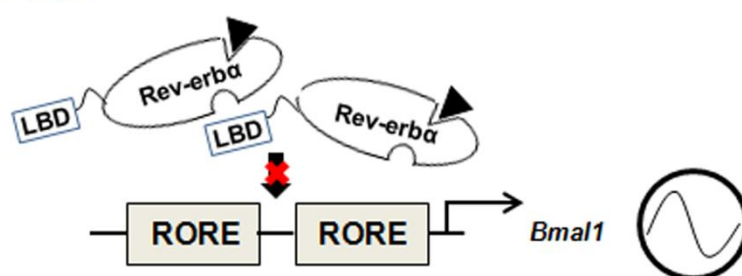


Figure 15. Hypothesized mechanisms of action of KK-S6.

KK-S6 binds to the REV-ERB α protein except its ligand-binding domain (LBD) and stimulates the repressive activity of REV-ERB α through specific cis-element RORE, thereby leads to reduced Bmal1 action. However, mutated RORE causes the diminished the KK-S6 action.



Mutated RORE



DISCUSSION

Recent studies show that REV-ERB α plays an important role in the regulation of circadian rhythms as well as in many other functions, including metabolic and energy homeostasis, inflammation, neural pathways and behavior (Everett *et al.*, 2014). I used cell-based screening with a RORE-driven luciferase reporter to identify a novel modulator of REV-ERB α , KK-S6. This is a small, synthetic molecule, the chemical structure of which is distinct from several previously reported synthetic REV-ERBs agonists (Grant *et al.*, 2010; Solt *et al.*, 2012). KK-S6 repressed RORE-mediated transcriptional activity but not activity of a mutated RORE reporter. Moreover, although KK-S6 negatively regulated levels of *Bmal1* mRNA and protein, it did not affect transcriptional activity of *Bmal1* in MEFs derived from *Rev-erba* knock-out mice. This compound significantly altered the amplitude of circadian oscillations of *RORE* and/or *Per2* dose-dependently *in vitro* and *ex vivo*, but did not affect the period length of these rhythms.

Further experimental evidence indicated KK-S6 acted *via* REV-ERB α : firstly, when REV-ERB α was over-expressed, KK-S6 enhanced repression of RORE-mediated reporter activity in wild-type MEFs, but this effect disappeared in MEFs derived from *Rev-erba* knock-out mice. Secondly, KK-S6, like heme (the endogenous ligand for REV-ERB α), repressed *Bmal1* expression at the transcriptional and protein levels. However, a mammalian one-hybrid assay failed to produce direct evidence that REV-

ERB α was a molecular target of KK-S6.

As described above, GSK4112 was identified by FRET analysis using the LBD of REV-ERB α and the interacting domain of NCOR1 (Grant *et al.*, 2010). However, KK-S6 did not directly interact with the LBD of REV-ERB α in a mammalian one-hybrid assay. According to a previous report (Negoro *et al.*, 2013), the A/B region of REV-ERB α competes with its LBD and functions as an activation domain. We cannot, therefore, rule out the possibility that KK-S6 acts by interrupting the REV-ERB α A/B region and thus indirectly affecting its repressive activity. Further studies are needed to examine this point.

Another possibility is that KK-S6 affects the process of post-translational modification of REV-ERB α , and thus modulates its activity through protein stability. REV-ERB α promotes ubiquitin-dependent proteosomal degradation by E3 ligases, such as ARF-BP1 and PAM (Yin *et al.*, 2010). Moreover, glycogen synthase kinase 3 β (GSK3 β) stabilizes REV-ERB α by phosphorylation and thereby can accelerate degradation of the protein. Lithium is a competitive inhibitor of GSK3 β , and inhibits GSK3 β -mediated phosphorylation and regulates stability of REV-ERB α (Yin *et al.*, 2010). Interestingly, lithium treatment does not alter the amplitude of Bmal1::Luc rhythms in reporter cells containing RORE elements from the *Bmal1* promoter but it does increase period length (Li *et al.*, 2012). It appears that GSK3 β may not be the crucial factor for amplitude modulation. I tested the effect of KK-S6 on the amplitude of RORE reporter rhythms and the results suggested that it may not act through GSK3 β activity.

REV-ERB α forms a complex with the co-repressors NCOR and HDAC3, which suppresses the transcription of target genes upon activation by its ligand (Liu *et al.*, 2007). Several pharmacological approaches to defining the biological role of REV-ERB α have used the synthetic compound GSK4112 and its analogs SR9009 and SR9011. All three compounds share a common tertiary amine core which induces the recruitment of an NCOR fragment to REV-ERB α , enabling activation (Trump *et al.*, 2013). When GSK4112 was tested in a REV-ERB α /NCOR FRET analysis it caused a similar increase in the FRET signal to the endogenous porphyrin ligand, heme (Grant *et al.*, 2010). By contrast, hemin, the Fe (III) form of heme, decreased NCOR binding to REV-ERB α , because the conformation of the receptor was sensitive to the oxidation state of the metal in the porphyrin ligand. This suggests that their binding as ligands to REV-ERB α is mutually exclusive. Although KK-S6 does not have a metal-incorporated chain in its structure, it has an alkyl group that potentially generates free radicals and so may affect the radical state and protein folding of REV-ERB α . However, it is unclear whether KK-S6 represses the RORE transcriptional activity through a similar mechanism, and further studies are needed to identify the precise molecular mechanism of its action.

REV-ERB α and REV-ERB β are functionally redundant for the generation of rhythms in Bmal1 expression and depletion of either is not sufficient to disrupt Bmal1 rhythmicity (Liu *et al.*, 2008). Cells from which *Rev-erba* has been knocked-out show partially disrupted rhythmicity that may result from residual REV-ERB β function. Moreover, other clock genes are still

expressed in cells lacking *Rev-erba*. As KK-S6 action was lost in cells specifically depleted of REV-ERB α (Fig. 13A), other RORE-responsive clock genes could not be the target proteins of this synthetic molecule.

Several genes acting downstream of REV-ERB α , including *Bmal1*, *Pai-1* and *Citrate synthase*, were significantly decreased by KK-S6 at the transcriptional level. *Pai-1* plays a critical role in inflammation and the fibrinolytic system whereas *Citrate synthase*, a citrate producer, is heavily involved in lipogenesis and cholesterologenesis (Wang *et al.*, 2006; Crumbley *et al.*, 2012). It is thus worth noting that KK-S6 could control metabolic homeostasis, as REV-ERB α is a link between the circadian timing system and metabolism.

In summary, I identified a novel modulator of the mammalian clock that acts through a RORE-mediated mechanism by cell-based screening method. Further investigations are needed whether KK-S6 might work *via* REV-ERB α to produce physiological and pharmacological consequences.

CHAPTER 2.

A circadian action of Rev-erb α on compulsive sucrose-seeking behavior of mice

ABSTRACT

Hedonic overconsumption of sucrose may cause a physiological imbalance in energy metabolism, which is reinforced by the dopamine (DA)-associated reward pathway in the midbrain. The circadian nuclear receptor, *Rev-erb α* contributes to transcriptional control of tyrosine hydroxylase (TH) production *via* competition with nuclear receptor 1-related protein (Nurr1) which is a transcriptional activator of DA biosynthesis in the ventral tegmental area (VTA). Here, I examine the hypothesis of whether *Rev-erb α* may be involved in regulation of the midbrain dopamine-reward system in compulsive sucrose-seeking mice model. Mood-related behavioral tests revealed that sucrose-bingeing mice exhibit more anxiety-like behavior at dusk and depressive-like behavior at dawn compared with control mice, respectively. Interestingly, the mRNA expression of Δ Fos B, a molecular marker of addiction, was upregulated in the nucleus accumbens (NAc) of sucrose-bingeing mice, as was *Nurr1* mRNA expression. However, the latter returned to normal levels after 10 days sucrose withdrawal, accompanied by an increase in *Rev-erb α* mRNA expression. Taken together, *Rev-erb α* may act as a “buffer” to maintain normal DA tone and homeostasis in response to alteration of DA transmission after compulsive sucrose consumption.

Key words: *Rev-erb α* , Dopamine, Reward, Sucrose, Binge, Withdrawal

INTRODUCTION

Nutrients, fats, and sugars cause a variety of changes in brain metabolism, emotional behavior, and overall physiology via specific action mechanisms (Avena *et al.*, 2009). However, repetitive, long-term, compulsive overconsumption of food leads to social problems and obesity-related physical disabilities (Tanofsky-Kraff *et al.*, 2006), and was characterized as an official eating disorder (binge-eating disorder, or BED) in the *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition (DSM-5) in 2013. Individuals with BED struggle more frequently with stress, unstable emotions, and lack of impulse control than those without an eating disorder (Hu and Malik, 2010). Depression, anxiety, and substance abuse can also accompany BED (Davis and Claridge, 1998). Given the severe symptoms of BED, researchers and clinicians recognize the importance of new interventions for its successful management.

Sucrose (table sugar) is a disaccharide carbohydrate that is a useful energy source for the body. Nevertheless, sucrose-containing foods are commonly abused by patients with BED. A sucrose binge is triggered by aberrant neural activity within the reward circuit of the mesolimbic dopamine (DA) system (termed the reward pathway), which begins in the ventral tegmental area and connects to the nucleus accumbens (NAc) (Rada *et al.*, 2005). Hence, many researchers have attempted to elucidate the interactions between neural control of behavior and the genetic

underpinnings of bingeing using sucrose-bingeing rodent models (Avena *et al.*, 2008; Yasoshima and Shimura, 2015). Nevertheless, few rodent models for binge-like sucrose overconsumption are currently well established.

During the reward process, the mesolimbic dopaminergic (DAergic) system fosters motivational or “wanting” behavior. Binge episodes increase extracellular DA levels by blocking DA reuptake in the NAc, followed by downregulation of acetylcholine in the same brain region. In this way, the actions of bingeing are comparable to the effects of drug abuse (Trinko *et al.*, 2007; Giros *et al.*, 1996). Accordingly, irregular DAergic functioning is a key focus of BED research (Davis *et al.*, 2009). On the other hand, the endogenous mu-opioid system, particularly within the ventral striatum and the amygdala, regulates the positive hedonic response to sweeteners, which is termed “liking”. Repeated sucrose consumption stimulates the release of opioids (e.g., enkephalin, β -endorphin), triggering a compensatory mechanism such that opioid peptides are downregulated due to transcriptional control of gene expression (Davis *et al.*, 2009). Meanwhile, Δ FosB, a sustained molecular switch for addiction responses, rapidly accumulates within the NAc after repeated administration of drugs of abuse (Nestler *et al.*, 2001). Such neurochemical alterations are correlated with variations in gene expression to maintain their homeostasis. Therefore, gene therapy approaches are one focus of BED research.

Several studies suggest that crosstalk between DAergic signaling and the circadian clock system is essential for DA homeostasis during various regulatory processes, including DA biosynthesis, neurotransmission, and

turnover (Chung *et al.*, 2014; Hampp *et al.*, 2008). Defective circadian clock genes result in midbrain DAergic system dysfunction, thereby contributing to severe mood disorders (Falcon *et al.*, 2013; Spencer *et al.*, 2013; Bundel *et al.*, 2013; McClung *et al.*, 2005). Recently, the circadian nuclear receptor, Rev-erb α was proposed as a novel regulator of cyclic DA synthesis through suppression of tyrosine hydroxylase (TH), a rate-limiting enzyme for DA biosynthesis. Rev-erb α competes with Nurr1, a transcriptional activator of DA biosynthesis, to affect DA transcription (Chung *et al.*, 2014). Local inhibition or genetic depletion of Rev-erb α , especially in the ventral midbrain, engenders a mania-like phenotype with a circadian nature (Chung *et al.*, 2014), whereas Rev-erb agonism overturns the reward behavior associated with wheel running and drug preference (Banerjee *et al.*, 2014). However, it is still unclear whether Rev-erb α directly interferes with the reward system in the DA circuit at the transcriptional level.

Impairment of liver metabolism is probably the most significant health consequence of bingeing. Binge consumption of sucrose contributes to the development of fatty liver and metabolic imbalances (Bray *et al.*, 2004). Furthermore, enhanced sugar signaling induced by a high-sucrose diet accelerates the mRNA levels of genes associated with fat biosynthesis (e.g., acetyl CoA transferase (ACC) and fatty acid synthase, leading to intracellular triglyceride accumulation in the liver (Janevski *et al.*, 2012). Gene expression levels of intestinal sweet taste receptors and sugar transporters are also affected (Wideman *et al.*, 2005). Although compulsive sucrose consumption is a major cause of fatty liver, whether the liver can

recover from the binge through homeostatic mechanisms (synthesis/oxidation of fat) after sucrose withdrawal is still unknown.

The mechanisms underlying gene expression variations that occur during sucrose consumption or sucrose withdrawal are poorly understood with reference to Rev-erb α and other clock genes. Here, I present a novel circadian role for Rev-erb α as a buffer in the reward system. I show that Rev-erb α upregulation in sucrose-seeking mice with sucrose withdrawal downregulates abnormally high expression of *Nurr1* in the NAc provoked by a diet containing sucrose. This result implies that Rev-erb α acts as a buffer during the withdrawal period, but not during the binge stage. Further, it is suggested that Rev-erb α maintains reward activity homeostasis in response to sucrose-induced DA alterations, and thus may serve as a possible gene therapy candidate for BED patients undergoing sucrose withdrawal.

MATERIALS AND METHODS

Animals and sampling. Adult male C57/B6 strain mice (*Mus musculus*; 8–10 weeks of age, weighing 25–30 g) were used in this study. Mice were kept in a temperature-controlled room at $22 \pm 2^{\circ}\text{C}$ and 50–60% relative humidity under a 12 h light/12 h dark (LD) cycle (lights on/off at 5:00 pm/5:00 am). The animals had *ad libitum* access to food and water, except for during the test period. After entrainment for > 10 days under LD conditions, mice were subjected to scheduled behavioral tests (see below) performed at circadian time (CT) 0 and CT 12. Individual mice were also touched, lifted, or held for 7 days (10 min per day) before each behavioral test to habituate them to handling. After testing, mice were sacrificed at CT 0 and CT 12 by cervical dislocation, and brains were dissected with reference to a brain matrix using a microknife. All procedures were approved by the Institutional Animal Care and Use Committee of Seoul National University.

Sucrose preference test. Mice were assessed for sucrose preference in a sucrose versus water two-bottle choice test. Once habituated to the experimental cage used for behavioral testing, each mouse was presented with two bottles, one containing water and the other containing a sucrose solution (2%, 10%, or 50% in water). After water deprivation for 3 h (from 5:00 pm to 8:00 pm), mice were allowed to choose between the two bottles

for 24 h. To prevent possible effects of side preference, the positions of the bottles were reversed halfway through the test. Water and sucrose consumption levels were measured by weighing the bottles pre- and post-testing. Sucrose preference was calculated as a percentage of consumed sucrose solution relative to total liquid intake, with a 50% preference indicating that the animal drank equally from both bottles.

Elevated plus maze (EPM) test. The EPM consists of two open arms (5 × 30 cm) and two enclosed arms (5 × 30 cm) with 20 cm-high opaque walls. The EPM apparatus was elevated to a height of 50 cm above the ground. At the beginning of each trial, mice were individually placed in the center of the maze facing an open arm. Animals were allowed to freely explore for 10 min, with their activity recorded by videotaping. Frequency and duration of arm entries were counted separately. An entry was defined as the movement of all four paws into an arm. All trials were conducted at dawn (CT 22–01) and dusk (CT 10–13). The maze was cleansed with 70% ethanol after each trial.

Forced-swim test (FST). The despair-based FST was performed as previously described (Chung S et al., 2014). To quantify depression-related despair behavior, mice were placed into a glass cylinder (height = 30 cm, diameter = 15 cm) filled with water (21–25°C) to a depth of 15 cm. Within the testing period of 6 min, the activity of each mouse was recorded from the side by videotaping. Immobility was defined as motionless floating or

the absence of limb movement in water, and was scored as the percentage of the time spent immobile during the last 4 min of the test.

Aggression test. Mice were individually isolated for > 1 week before testing. A male BALB/c mouse (9–10 weeks of age) was used as an intruder, and had a similar body weight to the test mice. For aggression tests, the resident mice were allowed to interact with the intruder for 5 min. A new intruder mouse was used in each test. The data points were recorded in terms of attack duration, frequency, and latency. Aggressive behaviors were defined as tail rattling, biting, chasing, and cornering.

Wheel running. The mice were caged in wheel running assembly at 9-10 weeks of age for wheel running activity experiments. After 2 week of entraining period, the wheel running activity was recorded at 6 min intervals and the raw data files were analyzed as described previously (Park et al., 2012). Mice were kept under a standardized light condition, 12 h light/12 h dark (LD) cycle, during 40 days of test period and they enter the 12 h dark/12 h dark (DD) cycle for 20 days with diet containing sucrose.

RNA isolation and real-time polymerase chain reaction (PCR). To quantify mRNA expression of genes of interest, mice were sacrificed, and tissues (NAc and liver) were rapidly removed, frozen in liquid nitrogen, and stored at -70°C before use. Total RNA was isolated using the single-step acid guanidinium thiocyanate-phenol-chloroform method (Son *et al.*, 2008).

The RNA (3 µg) was reverse-transcribed with Moloney murine leukemia virus (M-MLV) reverse transcriptase (Promega). Real-time PCR was performed in the presence of SYBR Green I (Sigma). Gene expression levels were normalized against those of the glyceraldehyde 3-phosphate dehydrogenase (*GAPDH*) transcript. Primer sequences used in real-time PCR were as follows: *Bmal1* upstream (up): 5'-TTA AGA GGT GCC ACC AAT CC-3'; *Bmal1* downstream (dn): 5'-TTC CCT CGG TCA CAT CCT AC-3'; *Clock* up: 5'-TTG CTC CAC GGG AAT CCT T-3'; *Clock* dn: 5'-GGA GGG AAA GTG CTC TGT TGT AG-3'; *Cry1* up: 5'-CTG GCG TGG AAG TCA TCG T-3'; *Cry1* dn: 5'-CTG TCC GCC ATT GAG TTC TAT G -3'; *Per2* up: 5'-ATG CTC GCC ATC CAC AAG A-3'; *Per2* dn: 5'-GCG GAA TCG AAT GGG AGA AT-3'; *Rev-erba* up: 5'-AAG ACA TGA CGA CCC TGG AC-3'; *Rev-erba* dn: 5'-GAG TCA GGG ACT GGA AGC TG-3'; *RORα* up: 5'- TCG CAG CGA TGA AAG CTC AA -3'; *RORα* dn: 5'- GAT GTT GTA GGT GGG CGT CA -3'; *D1R* up: 5'-GAA CCC AGA AGA CAG GTG GA -3'; *D1R* dn: 5'-GCT TAG CCC TCA CGT TCT TG -3'; *D2R* up: 5'-AAA CTC GTT GAG GCT AGG GC -3'; *D2R* dn: 5'- TGC GGG TTC TCT TCA AAC CA-3'; *DAT* up: 5'-CCT GGT TCT ACG GTG TCC AG-3'; *DAT* dn: 5'-GCT GAC CAC GAC CAC ATA CA-3'; *TH* up: 5'-AGT TCT CCC AGG ACA TTG GAC TT-3'; *TH* dn: 5'-ACA CAG CCC AAA CTC CAC AGT-3'; *Nurr1* up: 5'-TGA AGA GAG CGG ACA AGG AGA TC-3'; *Nurr1* dn: 5'-TCT GGA GTT AAG AAA TCG GAG CTG-3'; *CPT1α* up: 5'-ACA GTG GGA CAT TCC AGG AG-3'; *CPT1α* dn: 5'-GAA CTT GCC CAT GTC CTT GT-3'; *PPARα* up: 5'-AGG GTT GAG CTC AGT CAG GA-3'; *PPARα* dn: 5'-GGT CAC CTA CGA GTG

GCA TT -3'; ACC up: 5'-ACT GAT CGC AGA GAA AGT GCA-3'; ACC dn: 5'-CTC CCA ACA TGG TGT CAG GTC-3'; $\Delta Fos B$ up: 5'-AAA ACA AAC AAA CCC GCA AG-3'; $\Delta Fos B$ dn: 5'-CAG AGA CGG AGC ACA AAA CA-3'; *GAPDH* up: 5'-CAT GGC CTT CCG TGT TCC TA-3'; *GAPDH* dn: 5'-CCT GCT TCA CCA CCT TCT TGA-3'. PCR reaction mixtures were first incubated at 94°C for 10 min, followed by 50 cycles of 95°C for 15 sec, 62°C for 30 sec, and 72°C for 30 sec.

Statistical analysis. All quantifiable data were homogeneously distributed, and are given as the means \pm the standard error of the mean (SEM). Group differences were evaluated using the Student's *t* test or one-way analysis of variance and GraphPad Prism software (GraphPad Software, Inc.). P-values of < 0.05 were considered significant.

RESULTS

C57/B6 mice prefer sucrose to water

I first confirmed that C57/B6 mice have a strong preference for sucrose over water using the sucrose preference test. In brief-access tests, water-deprived mice were presented with water and 2% sucrose for 24 h, and sucrose preference was defined as the percentage of consumed sucrose relative to the total amount of liquid intake. Mice displayed an attraction to sucrose that was nearly three times that of water (sucrose preference = $71.7\% \pm 6.16$) (Fig. 16A). Generally, mice consume more sucrose at a concentration of 10% compared with other sucrose concentrations (Lewis et al., 2005). Therefore, we assessed whether our C57/B6 mice also preferred 10% sucrose relative to 2% or 50% sucrose. In agreement with the previous work, the mice consumed the most sucrose at a concentration of 10% (Fig. 16B).

Validation of the sucrose-bingeing mouse model

To investigate the role of the *Rev-erba* gene in reward behavior, I established an animal model exhibiting abnormal feeding behavior associated with sucrose. This animal model was based on the work of Avena and colleagues (Avena et al., 2006), whereby mice were deprived of

food for 12 h, followed by access to 10% sucrose and food for 12 h. Such a deprivation condition is often used to maximize the reward effect. The testing period lasted for 40 days (Group C; Fig. 17). This study also employed two negative control groups. The first group (Group A) experienced no deprivation, with free access to water and food at all times, and the second group (Group B) experienced food deprivation for 12 h during the day, followed by access to water, not sucrose, and food for 12 h at night.

Significant differences in food and liquid intake were observed across the three groups. Providing water after 12 h food deprivation (Group B) resulted in increased food, but not liquid, intake relative to the other two groups, whereas providing 10% sucrose after 12 h food deprivation (Group C) led to a gradually increased intake of 10% sucrose, but not food (Fig. 18A). Nevertheless, total energy intake from food and liquid was not significantly different between Groups B and C (Fig. 18B). Group B consumed more food to satisfy hunger, while Group C consumed more 10% sucrose rather than food. Although total energy intake was similar between Groups B and C, only Group C exhibited body weight gain during the testing period (Fig. 18C), indicating that sucrose consumption leads to increased body mass.

Behavioral and genetic alterations are induced by the sucrose reward system

To determine whether sucrose-seeking behavior leads to circadian cycle-associated emotional and genetic alterations, I tested the three groups of mice at subjective dawn (CT 22–01) and subjective dusk (CT10–13). Sucrose-bingeing mice generally display high levels of anxiety, low risk-taking behavior, and low impulsivity (Avena *et al.*, 2008). In the EPM test, Group C entered the open arm of the maze less frequently and spent less time in the open arms compared with Group A and B; these daily behavioral variations (indicative of increased anxiety) were observed at dusk, but not at dawn (Fig. 19A). I further evaluated depression-like behavior in the FST. Here, Group C showed greater periods of immobility than control mice at dawn, but not at dusk, whereas Group B exhibited manic-like behavior, rather than depressive behavior, at dawn (Fig. 19B). Possibly, the sucrose reward satisfied the hunger of Group C, thereby reversing the hyperactivity caused by food deprivation. Lastly, all mice exhibited daily variation in the aggression test, but no significant differences were found among the groups (Fig. 19C). These results demonstrate that mice in Group C had high levels of anxiety and depressive behavior, similar to the other reports of sucrose-bingeing mice (Avena *et al.*, 2008).

To explore changes in genes associated with addiction, I measured $\Delta FosB$ mRNA expression in the NAc (Fig. 19D) of mice from all three groups. $\Delta FosB$ transcripts are selectively induced within the NAc in association with addiction behavior, representing a change in brain chemistry that contributes to the addiction phenotype (Nestler *et al.*, 2001). Interestingly, the mRNA expression of this addiction marker was increased

by ~50% in the NAc of Group C versus Group A at dusk (Fig. 19E). Furthermore, the peak of increased $\Delta FosB$ expression was coincided temporally with the sucrose reward.

***Nurr1* mRNA expression is significantly increased in the NAc of sucrose-bingeing mice**

Sucrose-bingeing mice display neurochemical signs of DA hypersensitivity, and release more DA in response to sucrose intake than normal (Avena *et al.*, 2006). A recent attempt to identify a novel role of the circadian nuclear receptor, Rev-erb α , in DA biosynthesis showed that Rev-erb α can influence reward activity in the mesolimbic DA system (Chung *et al.*, 2014). I hypothesized that Group C mice would overexpress *Nurr1* in the NAc in response to sucrose bingeing. Intriguingly, *Nurr1* mRNA expression levels were significantly upregulated in Group C versus Group A at dusk, but *Rev-erb α* , *TH*, and *ROR α* remained unaltered at that time (Fig. 20). I speculate that compulsive sucrose consumption during the testing period resulted in increased biosynthesis and release of DA in the NAc via *Nurr1* induction.

I assessed mRNA expression levels of additional DAergic/clock-related genes in the NAc (*Bmal1*, *Clock*, *Cry1*, *Per2*, *DR1*, *DR2*, and *DAT*). However, no significant differences were observed compared with control Group A, except for *Bmal1* expression in Group B (Fig. 21). Although *Bmal1* expression was significantly repressed in the NAc of Group B, it did not

impact the overall transcription of clock-related genes.

***Rev-erba* acts as a buffer to control *Nurr1* expression in the NAc in response to sucrose bingeing**

To test whether the absence of sucrose can reverse abnormal *Nurr1* expression, I subjected sucrose-bingeing mice to a sucrose withdrawal period of 10 days and named Group C'. Group C no longer overconsumed 10% sucrose after the withdrawal period when we provided Group C' with 10% sucrose again, and $\Delta FosB$ mRNA expression also returned to normal levels (Fig. 22A). Surprisingly, overexpression of *Nurr1* mRNA returned to baseline levels after 10 days of sucrose withdrawal. *Rev-erba* expression increased by nearly 3-fold in the NAc at dusk (Fig. 22B). Sucrose withdrawal also led to a reduction in expression of *ROR α* , whose protein product is a competitive inhibitor of *Rev-erba* in the molecular clock machinery, but not in the expression of other clock-related genes (Fig. 22B and 23). These findings suggest that *Rev-erba* plays a critical role in maintaining DA homeostasis.

Liver fat metabolism is altered in sucrose-bingeing mice and can be reversed by sucrose withdrawal

I next assessed whether sucrose bingeing causes changes in liver fat metabolism by examining mRNA levels of transcription factors involved in

fat storage/oxidation, such as ACC, a key substrate for fatty acid synthesis. ACC mRNA was expressed at similar levels in control mice (Groups A and B), but sucrose-bingeing mice (Group C) exhibited increase expression of this gene. Interestingly, ACC mRNA expression was reduced after sucrose withdrawal (Fig. 22C). In contrast, mRNA levels of the lipid oxidative enzyme, *carnitine palmitoyltransferase 1 α* (*CPT1 α*), and its transcription factor, *peroxisome proliferator-activated receptor α* (*PPAR α*), were increased upon sucrose withdrawal (Fig. 22C). From these data, I hypothesize that compulsive sucrose consumption induces fat synthesis, whereas sucrose withdrawal reverses abnormal fat accumulation by accelerating fat oxidation to maintain lipid homeostasis.

Impaired wheel running behavioral rhythm in sucrose-bingeing mice subjected to a dark/dark (DD) cycle

Finally, I evaluated the effect of a sucrose reward on pleasurable wheel running activity. No behavioral differences were observed among the three groups during the experimental period of 40 days under the normal 12 h/12 h LD cycle. From these data, I speculate that the light cue may have masked the impact of the sucrose cue on regular activity rhythm. Therefore, I subjected mice to a DD cycle for 20 days. Because diurnal species like mice exhibit an endogenous circadian period of <24 h, their circadian activity rhythms shifted toward a shorter endogenous period in the absence of light (see Group A in Fig. 24A). However, sucrose-bingeing mice (Group

C) showed unique patterns of activity rhythm relative to both Group A and B under DD conditions. In DD conditions, the initiation of wheel running in Group C correlated with the timing of the sucrose reward (Fig. 24A). Moreover, Group C consumed more food and 10% sucrose during the wheel running period under LD conditions (Fig. 24B) than detected previously (Fig. 18A), thereby increasing their energy intake.

Figure 16. Sucrose preference test in C57/B6 mice. (A) C57/B6 mice were given a choice between water or 2% sucrose after water deprivation for 3 h. Mice preferred the sucrose solution over water (sucrose preference = $71.7\% \pm 12.3\%$). Data are given as the means \pm the SEM ($n = 4$). (B) Alterations of water, sucrose (2%, 10%, and 50%), and chow intake at baseline in C57/B6 mice. Mice consumed significantly more sucrose at a concentration of 10% relative to the other concentrations. Data are given as the means \pm the SEM ($n = 6$)

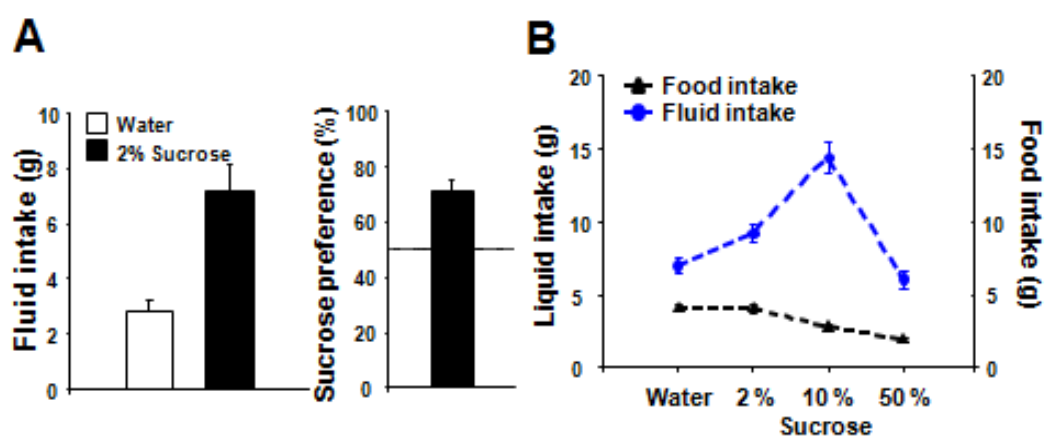


Figure 17. Sucrose-bingeing mouse model. C57/B6 mice (Groups A, B, and C) were maintained on a 12 h/12 h LD cycle. Group A mice were allowed free access to water and rodent chow. Group B mice were allowed free access to water, plus chow starting 4 h into the dark phase after 12 h food deprivation. Group C mice were allowed access to 10% sucrose (in place of water) plus chow after 12 h food deprivation. The experiment was conducted for a total period of 40 days. This food deprivation scheme maximizes the reward effect of preferred substances.

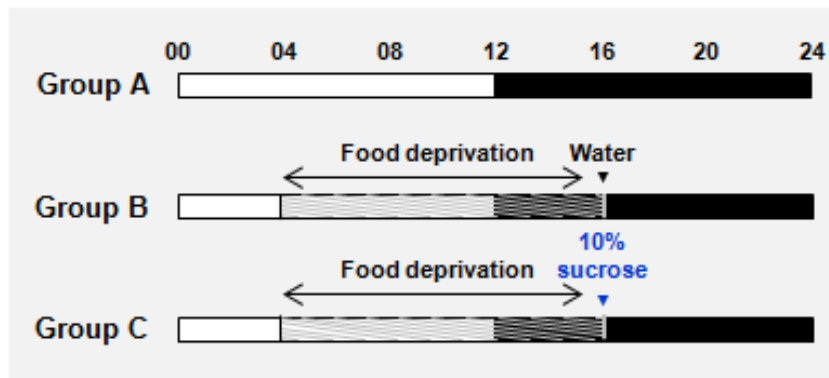
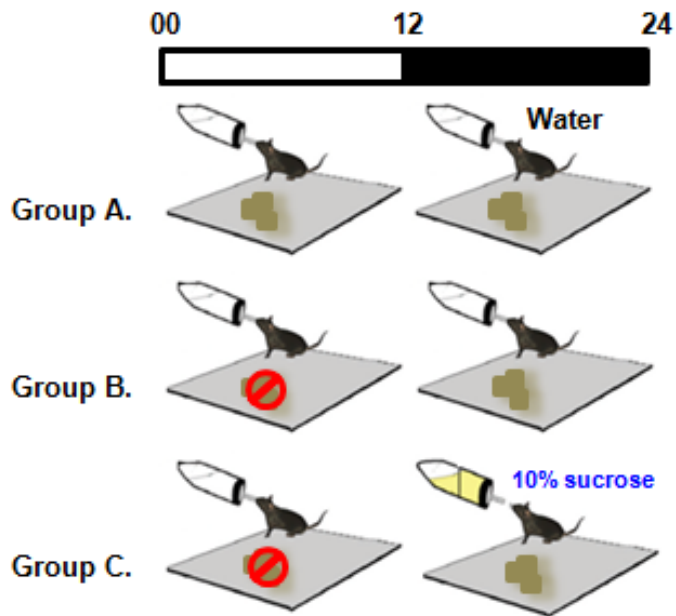


Figure 18. Total caloric intake and body mass changes during the test period. (A) The weight of consumed food and fluid was determined daily in each group of mice for a total period of 40 days. Food-deprived (Groups B and C) or non-deprived (Group A) mice were presented with food and fluid (water for Groups A and B; 10% sucrose for Group C) at night, and total intake was calculated after 12 h. Group A and C mice showed similar food consumption, whereas Group B mice consumed more food during the test period than the other two groups. Group C mice consumed far more fluid than the other two groups. Data are given as the means \pm the SEM ($n = 6-7$ per group). (B) Total energy intake from food and fluid consumption. Although energy intake from food (3.97 kcal/g) in Group C was less than that in Group B, Group C mice also acquired calories from 10% sucrose (0.4 kcal/g). Therefore, the total caloric intake of Group B and C mice was similar. Groups B and C mice both consumed more calories than Group A mice. Data are given as the means \pm the SEM ($n = 6-7$ per group). (C) Body mass was measured twice every week. Group C mice showed no significant change in body mass, whereas Group B mice showed marked weight loss during the last week of the test period. Data are given as the means \pm the SEM ($n = 6-7$ per group). AU, arbitrary unit.

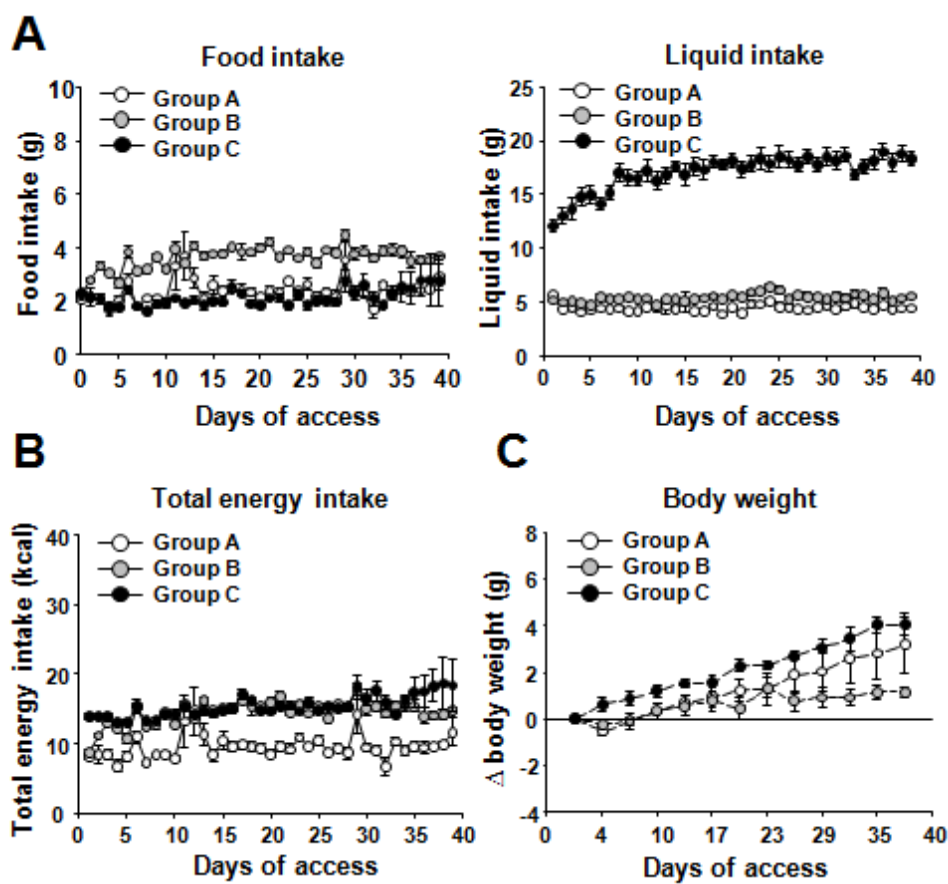


Figure 19. Behavioral and gene expression alterations in sucrose-bingeing mice. (A) Anxiety behavior in the EPM test. Group C mice spent significantly less time in the open arms, and showed a reduced total number of entries into the open arms at dusk (CT 10–13). No significant differences were observed among the three groups at dawn (CT 22–01). Data are given as the means \pm the SEM ($n = 6\text{--}7$ per group; $**P < 0.01$, $*P < 0.05$ versus Group A). (B) Depressive-like behavior in the FST. Each group of mice was subjected to the test for 6 min. Group C mice showed more immobility than the other two groups during the last 4 min of the test at dawn (CT 22–01). Data are given as the means \pm the SEM ($n = 6\text{--}7$ per group; $*P < 0.05$ versus Group A). (C) Frequency of attack bites (fighting behavior) against a male intruder for 5 min in the aggression test. No significant differences were observed between the three groups of mice. Data are given as the means \pm the SEM ($n = 6\text{--}7$ per group). (D) Schematic diagram of a brain coronal section and region of interest (visually indicated by a red circle with a diagonal line) of the NAc. (E) Group C mice showed strong $\Delta Fos B$ mRNA expression in the NAc at dusk (CT 12–14). Data were normalized to *GAPDH* mRNA levels, where the mean value of $\Delta Fos B$ expression in Group A at 0 h (dawn) was set to 1. Data are given as the means \pm the SEM ($n = 3\text{--}4$ per group; $*P < 0.05$ versus Group A). AU, arbitrary unit.

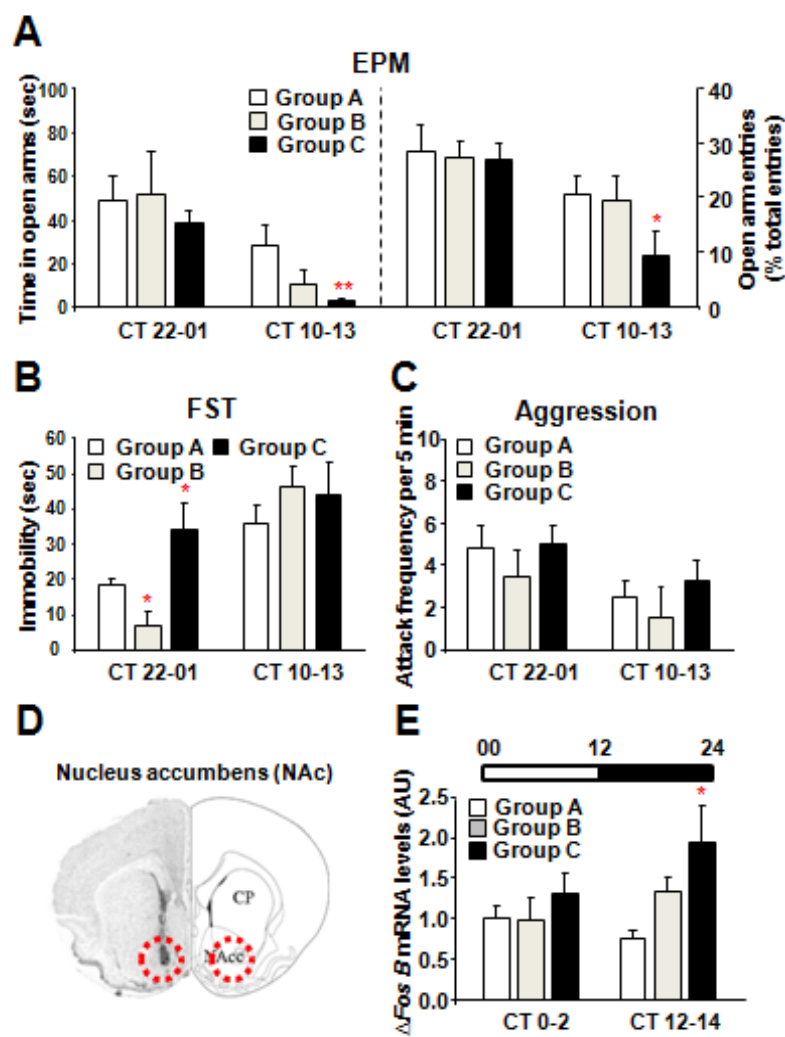


Figure 20. Sucrose bingeing induces *Nurr1* expression in the NAc.

Transcriptional levels of genes of interest (*Nurr1*, *Rev-erba*, *RORα*, and *TH*) were evaluated in the NAc at dawn (CT 0) and dusk (CT 12). No statistically significant differences were observed among Groups A, B, and C, except for elevated *Nurr1* mRNA levels in Group C at dusk. Data were normalized to *GAPDH* mRNA levels, where the mean value of expression for each gene in Group A at 0 h (dawn) was set to 1. Data are given as the means \pm the SEM (n = 3–4 per group; *P < 0.05 versus Group A). AU, arbitrary unit.

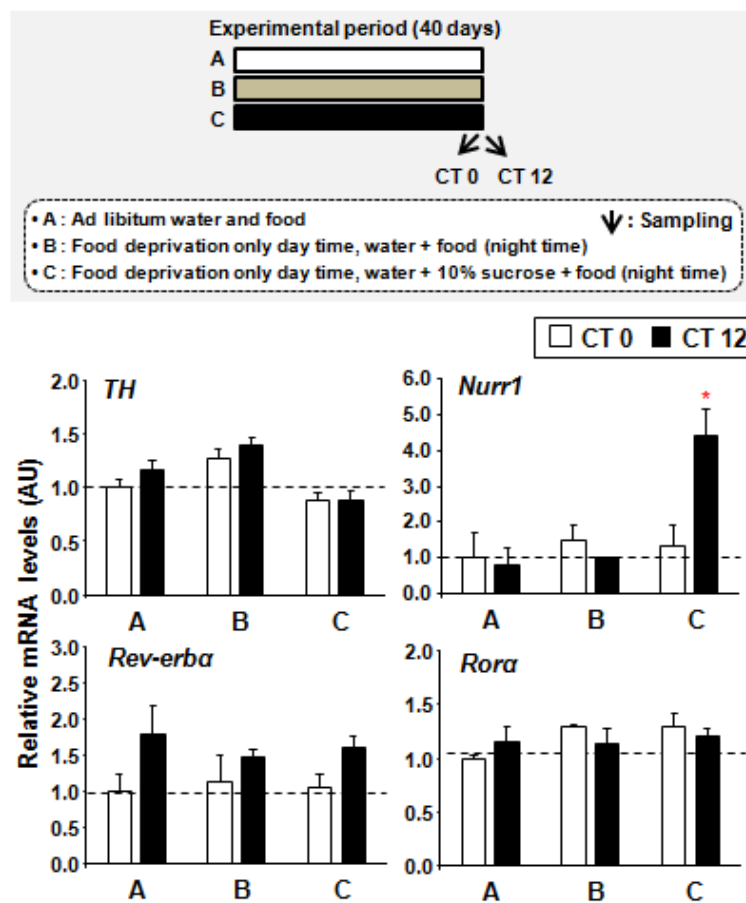


Figure 21. Profiles of circadian and DAergic-related genes in the NAc.

Expression of genes of interest in Groups A, B, and C. Data were normalized to *GAPDH* mRNA levels, where the mean value for each gene in Group A at 0 h was set to 1, and are given as the means \pm the SEM (n = 3–4 per group; *P < 0.05, **P < 0.01 versus Group A).

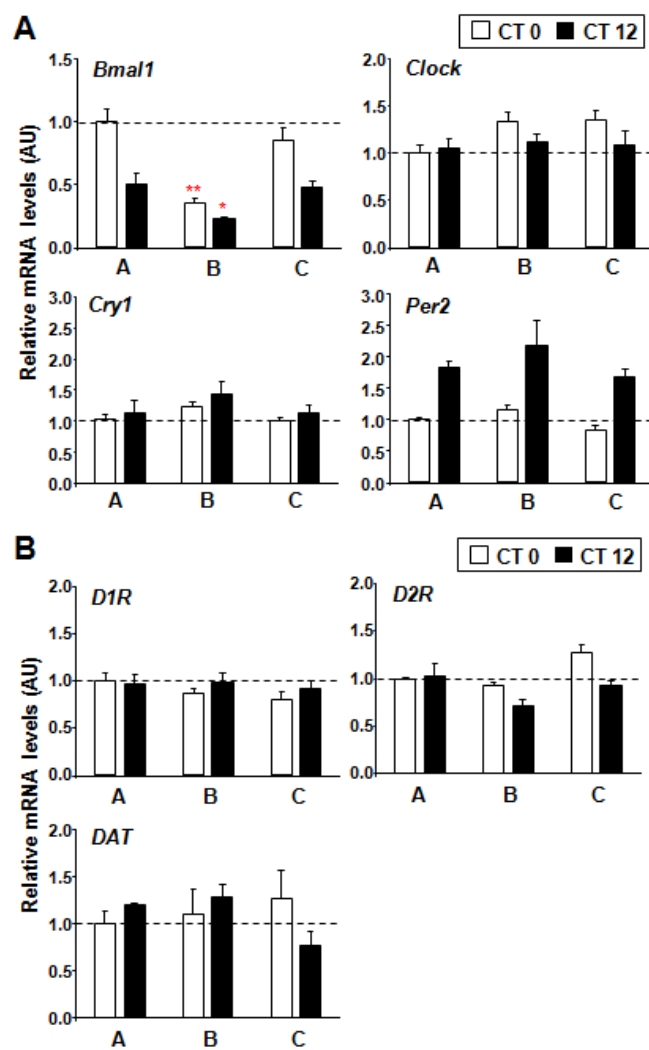


Figure 22. Reduction of abnormal *Nurr1* expression by *Rev-erba* upregulation and liver fat metabolism after sucrose withdrawal. (A) Pattern of sucrose consumption and ΔF_{os} *B* expression in sucrose-bingeing mice (Group C) after 10 days of sucrose withdrawal. After withdrawal, the mice no longer overconsumed 10% sucrose. ΔF_{os} *B* expression in the NAc was higher in Group C than in Groups A and B, but reverted to nearly normal levels after sucrose withdrawal. Expression data were normalized to *GAPDH* mRNA levels, where the mean value for each gene in Group A at 0 h (dawn) was set to 1. Data are given as the means \pm the SEM ($n = 3\text{--}4$ per group). (B) Effects of sucrose withdrawal on the expression of *Nurr1*, *Rev-erba*, *ROR α* , and *TH* mRNAs in the NAc at dawn and dusk. *Rev-erba* was markedly upregulated after sucrose withdrawal at dusk, while *Nurr1*/*ROR α* expression was downregulated. Data were normalized to *GAPDH* mRNA levels as above, and are given as the means \pm the SEM ($n = 3\text{--}4$ per group; ** $P < 0.01$, * $P < 0.05$ versus Group A). (C) Lipid metabolism-related gene expression in the liver. Sucrose overconsumption led to induction of *ACC* mRNA expression, but expression returned to normal levels following the induction of fat oxidation genes (*PPAR α* and *CPT1 α*) after sucrose withdrawal. Data normalized to *GAPDH* mRNA levels are given as the means \pm the SEM ($n = 3\text{--}4$ per group; ** $P < 0.01$, * $P < 0.05$ versus Group A). AU, arbitrary unit.

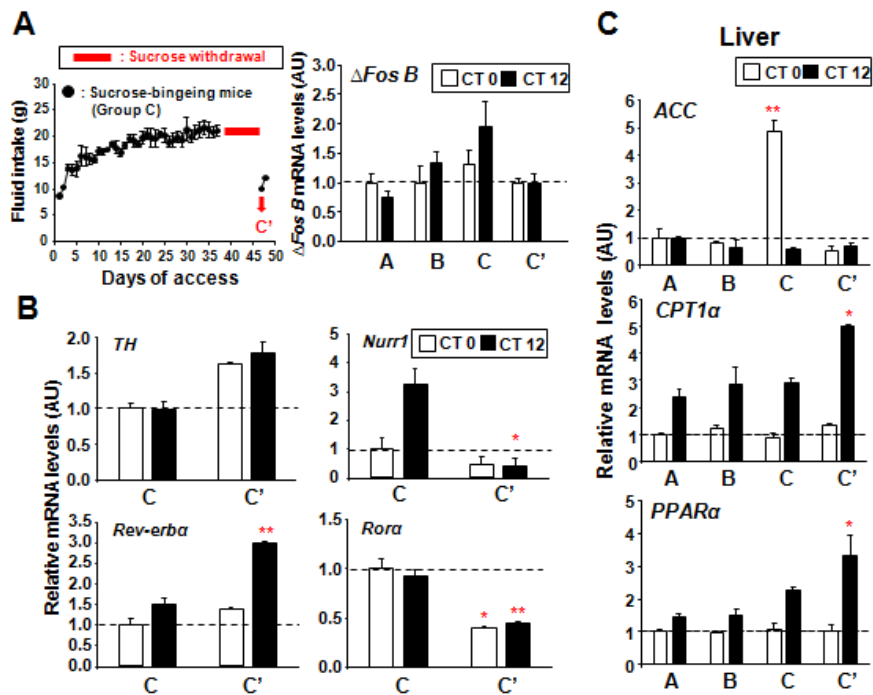
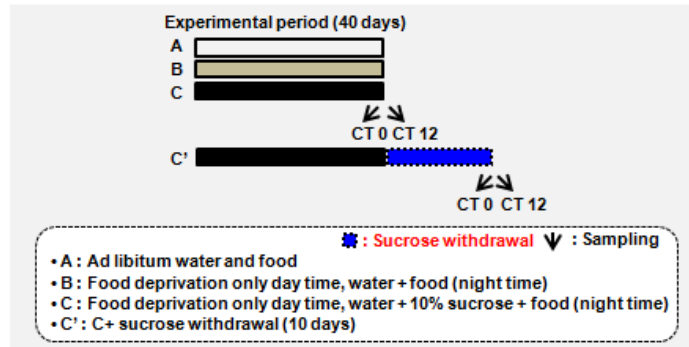


Figure 23. Withdrawal effects on the transcriptional activity of circadian or DAergic-related genes in the NAc (Groups C and C').

Comparison of gene expression patterns in the NAc between Groups C and C'. Data were normalized to *GAPDH* mRNA levels, where the mean value for each gene in Group A at 0 h was set to 1, and are given as the means \pm the SEM (n = 3–4 for each group; **P < 0.01 compared with Group C mice). AU, arbitrary units.

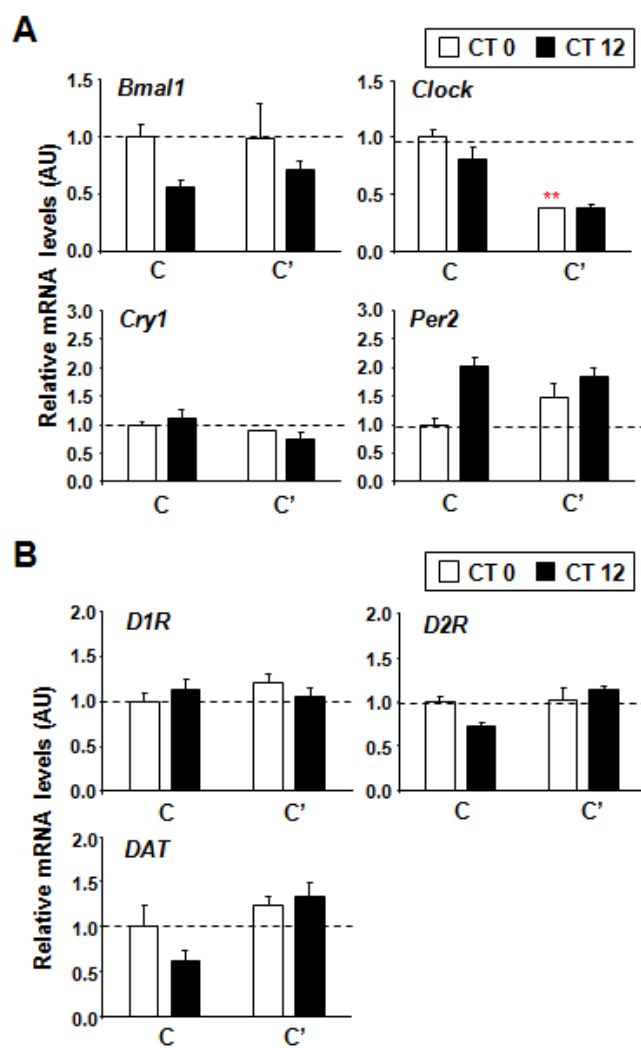
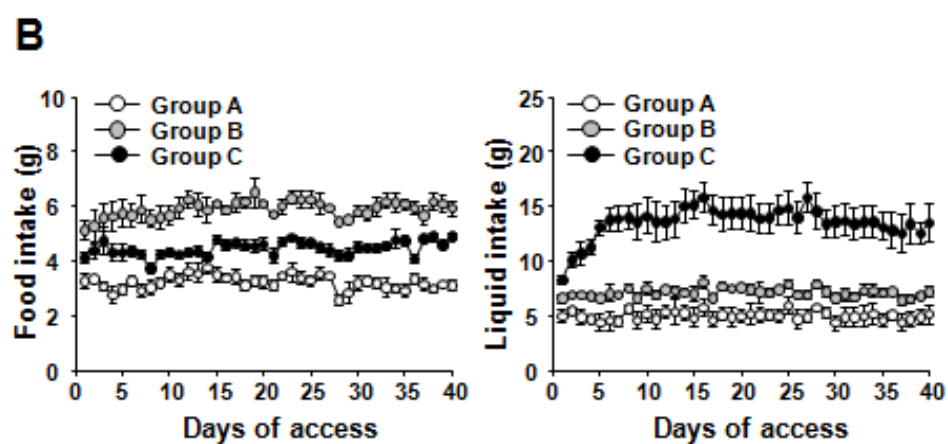
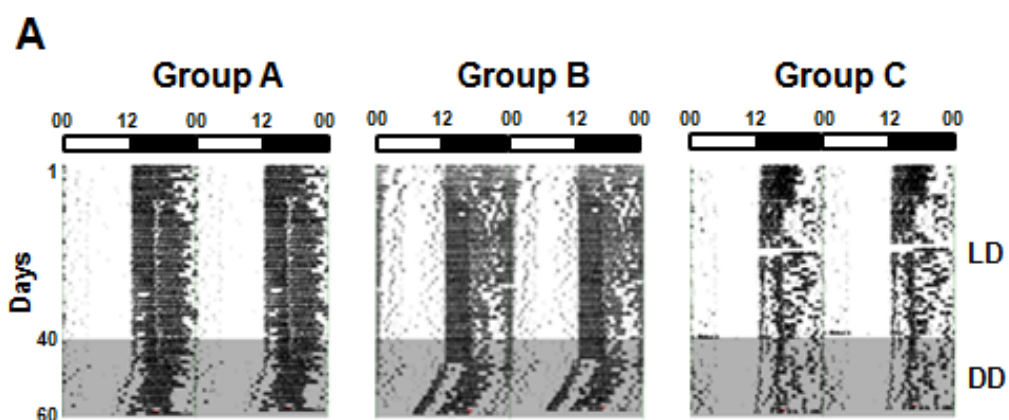


Figure 24. Sucrose-bingeing mice adjust their activity rhythm to a sucrose cue, even under constant dark conditions. (A) Representative double-plot actograms under 12 h/12 h LD and 12 h/12 h DD conditions. Activity rhythms under the LD cycle over 40 days with experimental treatment and under the DD cycle over 20 days without treatment are shown. (B) Food or fluid consumption was measured in each group of mice for 40 days with running wheel activity under the LD cycle. Data are given as the means \pm the SEM (n = 6–7 per group).



DISCUSSION

Here, I present an analysis of the molecular characteristics of reward circuits, based on the circadian-focused perspective currently used in BED research. This study hypothesizes that the *Rev-erba* acts as a regulator preventing *Nurr1* overexpression in the NAc of sucrose-bingeing mice, restoring the balance of reward activity. Sucrose withdrawal triggers downregulation of *Nurr1* by through increased expression of *Rev-erba*. Although several studies have attempted to reveal molecular links between the molecular architecture of the circadian clock and the DA system, I provide the first evidence that the circadian nuclear receptor, *Rev-erba*, functions in the reward pathway, especially in the NAc.

Patients with BED commonly suffer from dysfunctional behavior and metabolic abnormalities (Hone-Blanchet *et al.*, 2014). Diverse behavioral changes have been observed in rodent models of sucrose bingeing (Avena *et al.*, 2008). Certain somatic symptoms, including behavioral manifestations of anxiety and depression, are escalated by sucrose withdrawal or deprivation in sucrose-bingeing mice. Short-term food deprivation can maximize the reward effect of sucrose (Colantuoni *et al.*, 2002). By contrast, withdrawal is often used as a simple therapy to abolish the effects of an addictive substance. Here, I found that short-term sucrose deprivation (1 day) amplified BED symptoms (Fig. 19), whereas a relatively long-term deprivation (10 days), or withdrawal, overcame the sucrose-

seeking behavior (Fig. 22A). Because sucrose bingeing may be more easily managed than cravings for drugs or nicotine, it (and BED) could be more readily reversed with appropriate withdrawal therapy.

Accumulating evidence implies that mutant mice with defective circadian clock genes suffer from cognitive dysfunction, anxiety disorders, and sensitivity to psychostimulant substances concomitant with altered DAergic signaling (Bundel *et al.*, 2013; McClung *et al.*, 2005; Aumann *et al.*, 2011). Given that molecular clock components affect basal reward responses to a preferred substance like sucrose, behavior alterations in sucrose-bingeing mice must be approached at different time points, day and night. In this study, anxiety- and depression-like behaviors exhibited by the mice in Group C appeared at different times of day, but this was not the case for aggression (Fig. 19A and 19B). These data suggest that chronotherapy may be appropriate for behavioral modification in sucrose-bingeing mice.

Despite emerging evidence supporting the importance of the circadian clock components in DAergic signal transmission, it is still unknown how these components affect reward pathway at the transcriptional level. I found that mRNA upregulation of the circadian nuclear receptor, Rev-erb α , attenuated abnormally amplified *Nurr1* expression in the NAc during sucrose withdrawal. At that time, transcripts of *ROR α* , a competitor of Rev-erb α in the molecular clock machinery, decreased in abundance, possibly as a result of *Rev-erb α* overexpression. Considering the *Nurr1* and Rev-erb α affect DA biosynthesis *via* TH modulation at the transcriptional level

(Chung *et al.*, 2014), Rev-erb α may defend against alteration of Nurr1, or its hypersensitivity. Intriguingly, TH expression did not response to these alterations. According to the previous reports, TH transcription in the brain can also be controlled by other transcription factors, such as ATF-2 and α -synuclein (Suzuki *et al.*, 2002; Baptista *et al.*, 2003) as well as Nurr1 and Rev-erb α . I suspect that they may be altered for preserving TH activity and DA homeostasis in the NAc in response to sucrose overconsumption. All of these alterations can influence the dynamics and networking properties of the reward system. Moreover, reward pathway includes the VTA, amygdala, and hippocampus as well as the NAc. When an individual is exposed to additive substance like sugar, the VTA DAergic neurons are modulated by the activity of GABAergic neurons which contributes to the overall change in the DA level. It suggests that total TH tone in the NAc of sucrose bingeing mouse can be determined by diverse inputs from them.

Food acts as a synchronizer to regulate diverse anticipatory activities in the brain and peripheral tissues, affecting physiological rhythmicity (Challet *et al.*, 2003). Because feeding cues are not as strong as light cues, food entrainment can be masked by a light source. I demonstrated that compulsive sucrose overconsumption altered wheel running activity rhythms in the absence of the light (Fig. 24A). Although sucrose-bingeing mice showed normal actograms during the LD cycle, abnormal activity rhythms were observed in sucrose-bingeing mice subjected to the DD cycle relative to control mice under the same conditions. I hypothesize that sucrose-bingeing mice replace the light cue with the sucrose cue and

synchronize their activity rhythm based on the sucrose cue when light is absent.

Several studies claim that sugar-bingeing mice control their body weight by eating less food in place of sucrose overconsumption, whereas other studies claim that sucrose binges lead to weight gain (Hoebel *et al.*, 2009). I found that compulsive sucrose overconsumption accelerated body weight gain and fatty liver syndrome (Fig. 18C and 23C). Nonalcoholic fatty liver (NAFLD) is frequently associated with obesity, type 2 diabetes mellitus, and dyslipidemia (Teli *et al.*, 1995). Epidemiologic studies show that NAFLD induces hyperinsulinemia through ACC activation and thereby directly promotes fat accumulation in hepatocytes (Uyeda *et al.*, 2006). Because enhanced ACC activity in the liver is associated with increased sucrose consumption, it is reasonable to speculate that body weight gain in sucrose-bingeing mice may result from impaired fat metabolism. Here, elevated ACC mRNA levels returned to normal during a period of sucrose withdrawal. This spike and recovery in ACC expression was followed by an increase in the expression of fat oxidation-related genes (*PPAR α* and *CPT1 α*). Interestingly, Group B mice, which received no sucrose reward, lost weight during the testing period. Food deprivation can activate the hypothalamic/pituitary/ adrenal axis by inducing stress and expression of neural peptides (e.g., neuropeptide Y) in the hypothalamus (Ponsalle *et al.*, 1992). These changes may promote excessive food intake. Accordingly, it is unclear why Group B, despite sufficient energy intake, lost weight compared with Group A.

In conclusion, this study demonstrated that compulsive sucrose-seeking behavior can lead to variations in gene expression, especially upregulation of *Nurr1* mRNA in the NAc. Under sucrose withdrawal conditions, increased levels of *Rev-erba* appear to control *Nurr1* hyperactivity. Upregulation of *Rev-erba* also suppresses *RORα* expression. These findings suggest that sucrose-bingeing mice suffer from fluctuating fat metabolism and altered activity rhythm. Finally, I propose that the *Rev-erba* gene may serve as a chronotherapeutic target for treatments of sucrose bingeing and BED.

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국문초록

Rev-erb α 조절물질 발굴과 도파민 보상 회로에서의

일주기 기능에 대한 연구

이 지 연

인간을 포함한 대부분의 생명체는 조직 및 세포 수준에서 약 24 시간 주기성의 생리학적이고 행동학적인 체내 생체 시계 시스템을 유지하고 있다. 생체 시계 시스템은 뇌의 시신경교차상핵 (suprachiasmatic nucleus; SCN)에 위치하는 중추시계와 국부 및 말초 시계에 의해 계층적인 구조로 구성되어 있다. 이 시스템은 Bmal1, Clock, Per1/2/3, Cry1/2, Rev-erb α , Ror α 와 같은 일련의 생체시계 조절 유전자들로 구성되어 있다. 최근의 다양한 연구 결과들은 생체 시계를 구성하고 있는 유전자들이 본연의 역

할 뿐만 아니라 각종 신진대사 및 행동학적 수준에서의 현상들에 큰 영향을 미치고 있음을 보고하고 있다. 특히 최근 Rev-erb α 유전자가 가지는 다형성에 대한 연구가 활발히 진행되고 있고, 정신분열증, 조울증, 두려움을 포함하는 각종 정서질환과 다양한 대사성 질환 측면에서 Rev-erb α 의 필수적인 역할이 대두되고 있다. 연구 결과에 의하면 Rev-erb α 는 도파민 생합성을 촉진하는 Nurr1 유전자와 경쟁적인 활성을 보이며 전체적인 도파민 수준을 조절한다. 따라서, 합성된 특이 화합물을 사용하여 Rev-erb α 의 활성을 조절하는 일은 비정상적인 생체시계에 의해 유도된 다양한 신진대사 관련 질환 뿐만 아니라 중독, 정서 질환, 파킨슨 질병 등을 아우르는 도파민 대사 관련 질환 역시 치료 가능성을 제시해 줄 것이다.

제 1장에서는, Rev-erb α 활성 조절이 가능한 신규 화합물을 발굴하고, 이 화합물의 처리에 의해 생체시계 수준에서의 활성이 효과적으로 조절되는지 연구하였다. Rev-erb α 가 접합하는 특이 영역인 RORE의 활성을 반영하는 리포터를 제작하고, 이를 사용하여 신약 후보 물질로 구성된 화합물 라이브러리를 대상으로 세포기반 스크리닝을 수행하였다. 이들

중 KK-S6 화합물은 RORE를 매개하는 전사활성을 효과적으로 감소시켰고, 전사 수준 뿐만 아니라 단백질 수준에서 역시 생체시계 중심 분자인 Bmal1을 감소시켰다. 이러한 KK-S6의 활성은 Rev-erb α 가 결핍된 세포 내에서 소멸되는 반면 Rev-erb α 를 과발현 시킨 세포주에서는 증폭되었다. 이를 통해 KK-S6는 Rev-erb α 에 의존적인 활성을 갖는 것으로 추정된다. 이 화합물은 세포 수준에서 뿐만 아니라 조직 수준에서 역시 생체시계 진폭 변화에 효과적인 활성을 보였다. 더욱이 Rev-erb α 하위 수준의 여러 유전자들은 KK-S6의 처리에 의해 효과적으로 조절되었다. 이러한 결과들은 Rev-erb α 활성 조절 신규 화합물인 KK-S6이 비정상적인 생체시계 관련 질병들을 Rev-erb α 활성을 증폭시킴으로써 효과적으로 조절해 낼 수 있는 치료제로써의 가능성을 제기한다.

제 2장에서는, 과도한 설탕물 탐닉이 유도된 생쥐 모델을 사용하여 도파민 시스템이 관장하는 보상 회로에서의 Rev-erb α 역할을 조사하였다. 반복적으로 설탕물을 탐닉하는 생쥐의 행동학적 양상은 높은 수준의 두려움 및 우울증 관련 행동들의 유발을 촉진하였다. 또한 유전학적 관점에서 중독의 표지 유전자로 간주되는 Δ Fos B가 뇌의 특정 영역인 측위

신경핵에서 높은 수준으로 발현하고 있었고 이와 동시에 Nurr1 유전자의 발현 역시 같은 시간대에 급격하게 증가되어 있었다. 이러한 현상은 설탕물 섭취를 중단시킨 후 Rev-erb α 유전자의 발현이 증가하면서 다시금 정상적으로 회복되었으나 TH의 변화를 동반하지는 않았다. 또한 설탕물에 대한 보상은 빛이 없는 조건에서 생쥐의 활성 리듬을 효과적으로 조절하였고, 간 내 지방대사에까지 영향을 미치고 있었다. 상기한 연구결과를 통해 Rev-erb α 는 비정상적인 보상 활동에 의해 뒤바뀐 도파민 대사 및 민감도에 대하여 유발되는 일련의 항상성 유지 활동에 있어서 일종의 버퍼로써 중요한 역할을 하고 있음을 밝히었다.

주요어: 생체시계, Rev-erb α , 활성 조절 화합물, 도파민, 보상, 설탕물, Nurr1

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